



Research on the Application of Music Education in the Combination of Rehabilitation and Education in Special Education

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Abstract: The education concept in the new era and thought is that every educator should give top priority to all the students to achieve education in a comprehensive and equal manner, and to make quality education accessible to every corner of education. Although the concept of all-round development and quality education have been put forward for many years, in real education, education still cannot be fair in many cases. This is evident in special education. Special education is the education and teaching work carried out for special children. Besides, teachers are required to work according to the psychological and physiological characteristics of special children. Children should be given care, so that they can feel the beauty of life and experience the positive side of society. Taking music education as the leading role, this paper explores the development path of combining rehabilitation with education in special education.

Keywords: music education, special education, combination of rehabilitation and education

Special education is an important task in the development of education in China and an important step in realizing the comprehensive and equitable education in China. There are some special children in the society. Some of them have defects caused by congenital factors or acquired factors, but this does not mean that their status in the society is inferior, and special children also enjoy the right to education[1]. Special education can be conducted for special children in psychology and physiology. Therefore, different from ordinary education, teaching characterized with the special education serves as the main job, the so-called teaching is on the physiological and psychological rehabilitation and education teaching work. Thus, special children can grow on their the physical and psychological aspect. At the same time, knowledge learning can also be improved. Music, as a material for spreading good things, is the main way to combine rehabilitation and education in special education.

1. The significance analysis of music education in the combination of rehabilitation and education in special education

Music education in special education and teaching enjoy very important significance in the work. Based on the music features and special educational concept, first of all, music can give a person with beautiful enjoyment and through the beautiful lyrics and beautiful melody, children will be in good and happy mood, so that each other can be able to experience and feel the beauty. It is of positive significance to eliminate the depression and irritability of special children[2]. Second, music is also a way of communication, which can relax people at most time with the beautiful. As in inferior position, some special children don't want to communicate with teachers, classmates. If teachers could guide students to listen to music with appreciation, students can be touched. Then with background music, the teaching effect will be surely much better than the traditional teaching effect. Again, in general teaching, music teaching is often combined with procedural movements, so we often see many music teachers who will guide students in some simple dance movements while teaching music. This teaching mode can also be applied in the special education,. Besides, the integration of music melody and simple movements can spur the students to move with the rhythm of music, so as to cultivate special children. Hands and feet can be motivated in training for useful exercise, which is the main task of rehabilitation and education.

2. The theoretical basis of music education in the combination of rehabilitation and education in special education

Music education and the combination of rehabilitation and education in special education needs to be analyzed from the psychological and physiological characteristics of special children, so the theoretical basis of education includes Maslow's theory of needs and Garner's theory of multiple intelligences. Maslow's needs theory states that children's growth process includes physiological needs, needs of belonging and love, safety needs, and related high-level needs, including self-

actualization needs, cognitive needs and so on. In the combination of rehabilitation and education in special education, it is the most basic to meet the needs of students. At the same time, in order to make special children better adapt to the society, it is necessary to meet their advanced needs. Children, based on Ghana's theory on multiple intelligence growth, are in the process of development of multiple intelligence. Besides, every man's thinking and cognitive style is diverse. Even for special children, their inner world for the external environment cognition is also diversified. However, compared with the normal person, they demonstrate some periodic characteristics, in retarded development and so on. So, teaching should be combined with education work reference to Ghana's theory of multiple intelligence, analysis of mathematical logic intelligence, music intelligence, visual spatial intelligence, sports intelligence in the role of special education, music education ultimate goal is to develop special children in all kinds of basic intelligence, enable it to better adapt to the current and future life and learning environment.

3. The practice research of music education in the combination of rehabilitation and education in special education

3.1 Carry out rhythm and rap classes

Rhythm rap class serves as a comprehensive music teaching mode that integrates music with all kinds of interesting movements. Through wonderful singing and cheerful movements, such as jumping, stamping feet, clapping hands and nodding heads, students can move along with the rhythm of music. The teaching model is mainly designed for teaching of students in lower grade. Junior students are characterized with lively characteristics. By contrast, special children, because of their defect in mental and physical development, show difficulty in concentration of their attention and in the learning process with thinking inertia and no psychological anticipation in the learning process.. Consequently, it is easy to produce the depressed mood. Therefore, general music appreciation and rap classes are difficult to attract special children's attention. Rhythm rap class is a dynamic teaching mode, which enables students to complete simple movements in the process of singing and matches cheerful melody, which is very helpful to cultivate musical sense and body coordination ability of special children [3]. For example: the song is capable of motivating students for clapping hands, which is suitable for younger children in teaching. At the beginning of class, teachers of middle school should encourage students to show affection for things in life, such as fun toys, delicious food. Besides, they should be encouraged to be interested in the game, so as to develop their moods in a relaxed environment. Finally, based on the subject, teachers should guide special children to feel what is happiness, how to feel happiness how to express it. Many students will tell their teachers how to express their happiness, but some students are afraid to express their happiness in front of their classmates and teachers because they are ashamed of their physical and psychological defects. Then teachers can display: this song the song happy clap your hands, lead the students to follow the songs to clap your hands, tap them, although at the time of first pass teaching many students can't keep up with the rhythm of the teachers, but subsequent teacher guides the student to feel the song melody, the students gradually has the perception to the melody, know when to clap your hands and tap them. Rhythm that singing is the purpose of through the guide the student to feel music melody, let the students constantly follow the melody make a series of action, improve the perception of the melody, stimulate brain cells to stimulate the students' thinking ability and imagination, and develops the student body in the process of movement coordination, implementation, teaching in combination with the teaching goal.

3.2 Optimize students' life and learning habits with the help of music education

In special education, based on the requirements on teaching, the teachers should not only to complete the basic teaching work, they should also be responsible for the rehabilitation of special children'. Most special children, because of congenital or acquired defects, have defects on study habits in life, they are confronted with difficulties in taking care of themselves, behaviors normal to our healthy people should be trained for the special children at larger. For exceptional children, supervision is needed. Some special children, because of intellectual defects, for example, have to be trained in this regard with the help of teachers under supervision and guidance with more hard work. Time for lunch at the end of the study can be used to remain anxious mood, otherwise, they will suppress themselves and fail to control their own emotions, thus affecting their rest time, teachers can play some soothing music easily. For example, many of Miyazaki Hayao's music works have a relaxed and soothing feeling, which makes people feel like walking into a quiet country road after listening to it, and relaxes people's mind. This kind of music can let students slowly enter the dream. When it's time to get up and study, teachers can play some combative music melodies to stimulate students' passion and eliminate students' tiredness. In the long run, students' regular work and rest time will be formed.

Some students in the class because of autism and depression, cause always escape in the study, in the face of the content

of the teacher's teaching in the class always low head looking at their books, but in fact mind is a blank completely not to enter the learning state of long-term down this kind of study habits have a significant impact on student learning. In a music lesson, the teacher gives lecture on the piano, and play out the melody of the song "tomorrow will be better", many students have never come into contact with the piano. They see the teacher for the first time playing the piano in classroom with curiosity, teacher also satisfy the curiosity of the students and teachers guide students to play some simple melody, so as to enable the students to feel a sense of achievement. and experiencing the joy of success. By doing so, they will know that learning knowledge can let oneself experience the joy of achievement, from then on, many students began to look up at the blackboard, began to follow the rhythm of the teacher to learn, to correct students' learning attitude is very helpful.

3.3 Realize the combination of rehabilitation and education through comprehensive music education

Comprehensive music education refers to the way that teachers guide students to create music works and learn songs and dances independently. Teachers respect the autonomy of special students, meet the needs of students' self-esteem, and give students space for growth and exploration, which is very helpful to achieve the goal of combining rehabilitation and education. For example, when spring comes, in the music class, the teacher leads the students to go outside and enjoy the beautiful scenery of spring and feel the joy brought by spring. Students should be encouraged to talk about what they saw and what they feel after the arrival of spring. Can they use a song to express what they saw? Some students sang the song "Where is Spring" they had learned before, and some students adapted the song "Where is Spring". The adapted song and students' imagination and creativity are a reflection of the advantages of students' independent thinking. Some of the girls in the class were attracted by the beautiful scenery of spring in nature. During the talent show, they showed their singing and dancing ability in front of their classmates and teachers. In experimental teaching, the teacher can also use a picture to encourage the students to imagine a song or choreographing a song alone for learning in different ways. As a result, students can be guided to play their own music freely. Teachers can cultivate students with talents in music through comprehensive teaching in music to improve the confidence of the special children in learning. Positively, students can be cultivated to be more positive and show sunny face in study and life.

4. Conclusion

Special education is an important part of the development of education in our country. Special education teachers should combine rehabilitation and education. This paper focuses on the work of music teaching, and explores how to carry out rehabilitation and education in special education from the aspects of rhythm and rap teaching, the cultivation of habits by music, and comprehensive music teaching, and to strengthen knowledge teaching and rehabilitation guidance in special education. The purpose is to enable every child with special needs to grow and learn as normal as other children, and to achieve their own ideals and goals in life.

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