



# Research on Ideological and Political Teaching Reform of Basic Nursing Practical Training Course in Higher Vocational Colleges

Shulin Wang, Luyan Gu, Ziling Li, Haijian Wu

Hainan Vocational University of Science and Technology, Haikou 571137, Hainan, China

DOI: 10.32629/jcmr.v5i4.3288

**Abstract:** With the development of society and the continuous progress of medical industry, the teaching mode of basic nursing practical training course in higher vocational colleges also needs to keep pace with The Times and integrate ideological and political education elements in order to train nursing talents with both moral and technical characteristics. Based on this, this article aims to explore the necessity and implementation strategy of ideological and political teaching reform in the basic nursing practical training course in higher vocational colleges.

**Keywords:** Higher vocational colleges; Basic nursing; Practical training course; Ideological and political teaching; Teaching reform

## 1. Introduction

In the new period, nursing education in higher vocational colleges should not only improve students' professional ability, but also improve students' ideological and political quality. As an important part of nursing students' skill training, the reform of teaching content and method is particularly important. pass ideological and political education into practical training courses, can effectively enhance students' social responsibility, professional ethics and humanistic care spirit, to cultivate more high-quality nursing talents for the society.

## 2. The necessity of ideological and political teaching reform

In the context of the rapid development of today's society, the importance of nursing industry as a core component of the field of health services has become increasingly prominent. Therefore, the training of nursing talents, especially the basic nursing training courses in higher vocational colleges, ideological and political teaching reform, is not only the mission given by The Times, but also the key to promote the overall growth of students and improve the overall quality of the nursing industry.

### 2.1 Adapt to the all-round requirements for nursing talents in the new era

With the acceleration of China's aging population, the health care needs of the elderly population have increased sharply. At the same time, with the improvement of people's living standards and the enhancement of health awareness, the requirements for the quality of nursing services are also increasing. Nursing talents in the new era not only need to master solid professional knowledge and skills, but also need to have noble professional ethics, profound humanistic care spirit and a strong sense of social responsibility. The cultivation of such all-round quality cannot be separated from the strong support of ideological and political teaching.

### 2.2 Promote the all-round development of students' moral, intellectual, physical, American and labor

Ideological and political teaching reform not only helps to improve students' professional quality, but also plays an irreplaceable role in promoting students' all-round development. By integrating ideological and political elements into the basic nursing training course, students can enhance their sense of social responsibility and professional ethics while mastering professional skills, and promote the coordinated development of their moral, intellectual, physical, American and labor aspects.

In terms of moral education, ideological and political teaching pass, and cultivates students' moral quality and social responsibility. In the practical training course, pass simulation nursing situation and case analysis, let the students deeply understand the importance and difficulty of nursing work, stimulate their professional enthusiasm and dedication. In intellectual education, ideological and political teaching can broaden students' knowledge and vision, improve their comprehensive quality and innovation ability. In the practical training course, pass the introduction of the latest nursing

concepts and technical means, so that students learn professional skills at the same time, understand the latest trends and development of the nursing industry, cultivate their innovation awareness and practical ability. In physical education, aesthetic education and labor education, ideological and political teaching can also play a positive role. pass organization of a variety of extracurricular activities and labor practice, so that students in the physical exercise at the same time, cultivate sentiment, cultivate beauty, enhance the concept of labor and practical ability. These activities can not only enrich students' after-school life, but also promote the all-round development of students' physical and mental health.

In a word,the ideological and political teaching reform has far-reaching significance and extensive influence in the implementation of basic nursing training courses in higher vocational colleges. It not only ADAPTS to the requirements of the comprehensive quality of nursing talents in the new era, but also promotes the all-round development of students and the cultivation of social responsibility. Therefore, we should attach great importance to ideological and political teaching reform, constantly explore and practice new teaching method and means, and contribute to training more high-quality nursing talents.

### **3. In-depth implementation strategy of ideological and political teaching reform**

In today's nursing education system, ideological and political teaching reform has become an important way to improve the quality of education and cultivate nursing talents with both morality and ability. For the basic nursing training courses, we need to start from many aspects, carefully plan and implement a series of reform strategies to ensure the deep integration of ideological and political education and professional skills training.

#### **3.1 Fine integration of course content and clever integration of ideological and political elements**

In the basic nursing training course, teachers should dig deeply into the connotation of the course, accurately grasp the teaching objectives, and skillfully integrate ideological and political elements into every link of the course content. To be specific, teachers should fully consider how to combine ideological and political elements with professional skills training in the course of lesson preparation, and design inspiring and targeted lesson plans. For example, when explaining nursing operation skills, they can intersperse the introduction of nursing models at home and abroad and their noble characters, so as to stimulate students' sense of professional honor and responsibility. In addition, on the basis of the original teaching content, teachers can appropriately introduce some ideological and political education resources related to the nursing profession, such as medical ethics norms, laws and regulations on the protection of patients' rights and interests. These resources can not only enrich students' knowledge reserves, but also help students establish correct professional ethics. Finally, in the process of practical training, teachers should pay attention to guiding students to transform their ideological and political knowledge into practical actions. For example, in simulated nursing operations, teachers can requirements students to strictly abide by operating rules and medical ethics requirements, and practice professional ethics with practical actions. pass the implementation of the above measures, teachers can enable students to master professional skills at the same time, and constantly enhance the sense of professional ethics and social responsibility.

#### **3.2 Determine the ideological and political teaching focus of basic nursing practical training course**

The key point of ideological and political teaching of basic nursing course is to pay attention to cultivating students' professional characteristics, pay attention to practical training, and pay attention to ideological and political education. The emphasis of ideological and political education of basic nursing practical training course is to broaden the dimension of ideological and political education, enhance the level, and strengthen the effectiveness of various factors in the original course. Basic nursing education in higher vocational colleges is to provide nursing talents in short supply for China's medical cause, especially the full-time nursing personnel, which has become the bottleneck of the development of China's medical cause. When the graduates of basic nursing major are engaged in the medical and health work, they should respect the life, respect the individual, and humanistic care for the emotion and warmth. Therefore, the key of ideological and political teaching of practical training courses in higher vocational colleges lies in: First of all, the ideological value and spiritual connotation contained in the basic knowledge and skills system of nursing should be explored, the rich ideological and political content contained in the course should be utilized, the width and depth of professional courses should be broadened, and the basic practical training course of nursing should have more personality and depth, and humanistic concepts and content such as cutting-edge technology in the industry, international and domestic perspectives, history and culture should be added. Make the curriculum ideological and political content more advanced in the knowledge level, walk in the forefront in the technical level, and go further in the humanistic level. Secondly, strengthen the role of basic nursing ideological and political courses, so that nursing ideological and political courses closer to our national conditions, people's feelings, so as to apply what we learn.

### 3.3 Innovate teaching method to improve teaching effect

Case teaching method, as a shining pearl in nursing education, its charm lies in guiding students into a vivid career exploration journey through carefully selected and representative nursing cases. Teachers can guide students to deeply analyze every detail of the case, from the persistence of professional ethics to the penetrating of humanistic care, which makes students feel the nobility and difficulty of nursing work. For example, we can choose the story of a brave nurse in the fight against the novel coronavirus epidemic, through her personal experience, so that students can deeply understand the power of responsibility, courage and love. Such teaching not only allows students to see the bright side of nursing work, but also enables them to face challenges and difficulties, so that they can cherish their career choice more and strive to improve their professional quality. The role-playing method, like a bridge, connects the spiritual world of students and patients. In the simulated nursing scenarios, students incarnated as nurses, patients, family members and other roles, pass personal experience to feel the sweet and sour nursing work. This teaching method allows students to cross the boundaries of occupation and identity, and truly enter the inner world of patients. In the process of playing the role of patients, students can deeply understand the pain and helplessness brought by illness, so as to pay more attention to the mental health and humanistic care of patients.

The application of these teaching method can not only stimulate students' learning interest and enthusiasm, but also enable students to deeply understand and experience the professional spirit and humanistic care of nursing work in the process of participating in practical training.

## 4. Conclusion

To sum up, the ideological and political teaching reform of the basic nursing practical training course in higher vocational colleges is an important measure to meet the requirements of the comprehensive quality of nursing talents in the new era. pass integration of curriculum content and innovative teaching methods, it can effectively improve students' professional skills and ideological and political quality, cultivate nursing talents with both German and technical skills, and promote the innovative development of nursing professional education.

## References

---

- [1] Chen Jing-jing,Guo Lulu,Liu Shasha.Research on the integration of ideological and political elements into Basic Nursing Technology Curriculum in Higher Vocational colleges[J].Modern Vocational Education,2022,(21):118-120.
- [2] Xu Tao.Research on Teaching of Basic Nursing Major in Higher Vocational Colleges based on curriculum thinking and politics[J].Industry and Technology Forum,2022,21(04):195-197.
- [3] Jia Shuyun.Discussion on Ideological and political teaching design of Vocational Basic Nursing Technology Course[J].Continuing Medical Education,2020,34(10):45-46.(in Chinese)
- [4] Zhang Lixiao,Li Lijuan. Ideological and political design and practical exploration of Basic Nursing Course for Higher vocational nursing[J].Shanxi Youth,2020,(10):205-206.