



The Practice of Promoting Nursing Education and Teaching Reform by Nursing Skills Competition

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Abstract: With the development of The Times and the continuous improvement of medical science and technology, nursing work plays a more and more important role in the whole medical system. In order to improve the professional skills and service quality of nursing staff, nursing skills competition came into being, and has become an important platform to test and enhance the professional ability of nursing staff. The purpose of this paper is to discuss how to promote the reform of nursing education and teaching through nursing skills competition, so as to meet the needs of nursing talents in the new era.

Keywords: nursing skills competition; nursing education and teaching; strategy

1. Introduction

As people's demand for health is getting higher and higher, therefore, the position of nursing work in the whole medical system is becoming more and more important. In order to train more high quality nursing talents, nursing education and teaching reform is imperative. In recent years, nursing skills competition, as a new education model, has gradually become an important means to promote the reform of nursing education. pass skills competition, it can not only mobilize students' learning enthusiasm, enhance their practical skills, but also promote teachers to innovate educational method, so as to realize the comprehensive improvement of nursing education and teaching.

2. The present situation and significance of nursing skills competition

In the field of nursing education, nursing skills competition has become an important activity that attracts much attention. It not only provides a broad platform for students to show their professional skills, but also provides an opportunity for teachers to exchange teaching experience and share their experiences. pass participation in the skills competition, students can timely understand the latest development trends in the industry, master advanced nursing skills, so as to comprehensively improve their overall quality. At the same time, teachers can also self-reflect on their own teaching method while guiding students to participate in the competition, so as to improve the teaching level and make the teaching content keep up with the pace of The Times.

3. The promoting effect of nursing skills competition on teaching reform

3.1 Stimulate students' interest in learning and improve their practical ability

Nursing Skills Competition pass simulation of real clinical nursing work scenes, so that students in the competition to experience the real working environment, thus greatly stimulating their interest in learning. In the process of preparing for the competition, students need to practice various nursing skills repeatedly, which not only helps to improve their hands-on skills, but also enhances their clinical thinking ability and problem-solving ability.

3.2 Promote the innovation of teachers' method

In order to enable students to achieve excellent results in the skills competition, teachers need to constantly update and improve their teaching content and method. pass the introduction of modern teaching methods such as case teaching and scene simulation, teachers can stimulate students' learning enthusiasm more effectively and improve their comprehensive quality. The innovation of this teaching method not only helps students to master knowledge better, but also cultivates their innovative thinking and teamwork ability.

3.3 Improve the overall level of nursing education

To carry out nursing skills competition is an important measure to promote the overall development of nursing education in China. pass competition, we can find the problems and deficiencies in nursing education, and provide a clear direction and basis for education reform. At the same time, the successful holding of the skills competition can also significantly improve

the recognition and influence of nursing education in the society, attract more outstanding talents to join the nursing cause, so as to further enhance the professional level and image of the whole nursing industry.

4. Strategies of nursing skills competition to promote nursing teaching reform

4.1 Innovate nursing teaching mode and improve nursing teaching effect

At present, the teaching mode of nursing education in our country is single and rigid, which is difficult to effectively improve the students' comprehensive ability and meet the requirements of the society to nursing talents better. In the teaching process of nursing theory, more competition content and norms can be introduced, so as to promote the innovation of method of competition teaching, improve students' practical ability and improve teachers' education quality.

First of all, teacher education and teaching method should be reformed. In the teaching process, a variety of method such as heuristic and participation can be used to make case teaching more flexible. In class, focus on case analyzed, focus on inspiration, practice. pass micro-class teaching and video competition and other ways, the nursing theory and technology applied in clinical practice, for students to learn and communicate with each other to provide a platform to improve the teaching level. Secondly, the evaluation of teaching process should be strengthened. At present, there is a big dispute about the evaluation of nursing professional education in our country. In teaching practice, pay attention to the problem of analyzed and solution, pay attention to the combination with clinical practice. In the actual work, we should pay attention to the close combination with the clinical, focusing on the practical work, focusing on the competition, in the strict practical work, to improve the professional quality and ability of students.

4.2 Strengthen the construction of practical training base and promote school-hospital cooperative nursing teaching

Nursing teaching focuses on practicality, which is an important part of improving the comprehensive quality of nursing talents. Therefore, it is necessary to strengthen the construction of practical training bases, raise funds from various parties, increase capital investment, improve training conditions and hardware facilities, and provide students with opportunities to improve their practical applied ability. The nursing major involves more subjects, some of which are more abstract, which causes some difficulties for students. In order to give full play to the role of teachers, we must adopt some new teaching methods in the classroom, such as using multimedia and other means. Using multimedia technology to simulate nursing vocational skills competition is conducive to improving students' learning effect. With the help of multimedia, the analyzed and exchange of data can be realized. Teachers can summarize the knowledge and practical operation skills learned in the competition with the help of network technology, and deepen their understanding of the knowledge by means of micro-lessons and MOOC. In addition, the presentation of multimedia equipment is increasingly diversified, in addition to text, but also can transmit image data, so that some of the more abstract nursing knowledge into images, so that students can better understand and master these knowledge. On this basis, we should also vigorously promote the joint school and enterprise, the combination of industry-university-research, the combination of science and technology, expand the practice base of the school, for enterprises, hospitals and other units to provide internship opportunities, so that students can carry out practical operations in the enterprise. General nurses can also be hired as trainee teachers to provide guidance to students to help them better adapt to society and improve their overall ability.

4.3 Build a team of "double-qualified" teachers to improve the level of nursing teaching

To carry out nursing skill competition is an effective way to improve the teaching level and the quality of nursing team. Therefore, it is necessary to strengthen the construction of "double-qualified" teachers, so that their technical level and practical level can be improved, which is the key to improve the overall quality of nursing. In the targeted training, teachers can deepen their understanding of nursing work, understand the latest theories and skills in the field of nursing, understand the development operational of the medical industry, and apply the learned knowledge to education to improve their teaching ability. In the process of carrying out practical teaching in higher vocational colleges, the professional level and overall quality of the teachers will have a direct impact on the teaching quality. Therefore, it is necessary to strengthen teacher training, optimize teachers and improve the quality of education. First of all, schools should strengthen the evaluation of teachers' work performance, and evaluate their professional ability and professional quality in a targeted way to ensure their sustainable development. Secondly, higher vocational colleges should strengthen the training of teachers and improve their scientific level by holding various forms of teaching activities and teaching activities. At the same time, we should actively organize nursing staff to go to the hospital for further study, understand the current situation of nursing work, improve the practical level of teachers, applied of their own skills in the process of education, to provide students with suitable

professional technology,so as to shorten the gap between theory and clinical,strengthen the connection of practice teaching. In addition, we can pass to hire the national famous medical experts to carry out on-site teaching, improve the practical ability of students,so that students can better understand the current situation of the development of the nursing industry,for the future skills competition to be fully prepared.

5. Conclusion

To sum up, nursing skills competition, as a new education model, plays an important role in promoting the reform of nursing education and teaching. pass skills competition, it can stimulate students' interest in learning, improve their practical ability, and promote the innovation of teachers' method, so as to realize the comprehensive improvement of nursing education. In the future,the Nursing skills competition should continue to play its important role in education reform and contribute to cultivating more high-quality nursing talents.

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