

Integrating Aesthetic Education into Drama Course: Enhancing the Ideological Consciousness of College Students

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Abstract: Based on the background of college education, this study discusses how to integrate aesthetic education into drama courses to enhance the ideological consciousness of college students. First of all, through explanation and practice, it imparts the relevant theoretical knowledge of drama education and aesthetic education, and applies it in the course design. Secondly, a variety of teaching methods such as case analysis, group discussion and other effective methods are used to encourage students' active participation and improve their understanding and thinking ability. The research finds that integrating aesthetic education into drama courses can not only enhance students' aesthetic consciousness, but also help students understand real life and form correct values, which is conducive to cultivating students' ideological consciousness such as social agents. This provides a brand new educational idea for college education and a new research direction for improving students' comprehensive quality and innovation ability.

Keywords: integration of aesthetic education into drama curriculum, college students' ideology, teaching methods.

1. Introduction

In the field of higher education, how to effectively promote students' ideological consciousness and cultivate their comprehensive quality has always been the focus of educators' attention. Some studies in the past have explored how to enhance students' aesthetic consciousness and thinking ability through drama education. On the basis of these theories, this paper will further explore how to integrate aesthetic education into drama courses to enhance college students' ideological consciousness, help them form correct values and understand real life. At the same time, this study will use useful teaching methods such as case analysis and group discussion to encourage students' active participation and improve their understanding and thinking ability. This research will help to provide a brand new education idea for higher education, and provide a new research direction for improving students' comprehensive quality and innovation ability.

2. The status quo and importance of college students' ideological consciousness

2.1 Current situation of college students' ideological consciousness

The period of college students is the key stage to form and consolidate personal ideas and value orientation, so the current situation of students' ideological consciousness affects the future development[1] of society. At present, there are some problems[2] in the status quo of college students' ideology. On the one hand, for certain social problems, some students hold wrong understanding and lack correct value judgment, which may be related to their own knowledge structure and the limitations of life experience. On the other hand, in the face of the complexity and diversity of social reality, some students' thinking ability and independent consciousness appear insufficient, which is manifested as over-reliance on the opinions of others and lack of self-thinking and expression ability.

To a certain extent, this situation is related to the singleness of educational goals in colleges and universities. Although many colleges and universities have rich curriculum systems and educational resources, if education overemphasizes professional theoretical learning and rarely involves courses with aesthetic educational value such as music, art and literature, students' ideological space and imagination are often constrained, thus reducing their inclusiveness to culture and their ability[3] to think deeply about social issues.

2.2 Control the significance of college students' ideological consciousness

College students' ideological consciousness is a key factor that affects their behavior decision-making and the formation of their world outlook. It is a comprehensive reflection of young people's self-cognition, social cognition and values. Only by accurately controlling this kind of ideology and guiding students to the right life and values can they maintain a positive and enterprising attitude in real life and have the ability to solve problems independently.

It is of great significance to control the ideology of college students. First, the correctness of ideological consciousness determines the students' words and deeds, and also affects their attitude towards society and work. If students' ideological consciousness is correctly guided and sublimated, they will more easily form a healthy and mature world outlook and outlook on life, which is not only conducive to their personal development, but also conducive to social harmony and stability.

Second, controlling the ideological consciousness of college students will help to promote their all-round development, which is of great importance to improve and improve the college education system. Through effective education and guidance, it can help students clear up doubts, broaden their thinking, enhance critical and innovative thinking, and provide them with a boost for their future career and life competition.

3. Current situation of drama aesthetic education in colleges and universities

3.1 Current situation of aesthetic education in colleges and universities

In the current educational environment of colleges and universities, aesthetic education, as a special form of education, has gradually attracted the attention and attention of educators. Through field investigation, it is found that most colleges and universities have implemented aesthetic education to a certain extent, which is mainly manifested in the rich and diverse cultural activities and the opening of selective courses. In the process of implementation, there are still some problems, such as the importance of aesthetic education has not been sufficiently recognized, the content and form of aesthetic education are too simple, lack of systematicness, and the connection between aesthetic education and professional education needs to be strengthened.

3.2 The function and significance of aesthetic education

Aesthetic education plays a key role in the educational system of today's society. It is a means of personality cultivation, which can stimulate students' creative ability and artistic talent. Aesthetic education can not only improve students' aesthetic recognition ability, deepen their understanding of art and culture, but also add color and charm to life and improve the quality of life. Through the study of aesthetic education, students can obtain a positive attitude towards life and values, which is helpful to shape and optimize the moral quality of people, and is conducive to the construction of students' healthy psychology. Aesthetic education occupies an important position in college education and has far-reaching significance.

3.3 Current situation of drama aesthetic education in colleges and universities

In recent years, the implementation of college drama aesthetic education presents a trend of alienation. Some colleges and universities that attach importance to drama aesthetic education take it as an important part of educational innovation, and integrate it into drama aesthetic education effectively by constructing diversified curriculum system and teaching mode. There are also some schools, due to the unequal factors of educational resources, the implementation of drama aesthetic education is not ideal, and the limitations are large.

3.4 Necessity of the implementation of drama aesthetic education in colleges and universities

In the current higher education environment, the implementation of drama aesthetic education is very necessary. Because, it is more conducive to meet the learning needs of college students in the new era, improve their comprehensive quality and artistic appreciation. As a number of studies have pointed out, aesthetic education can stimulate students' innovative consciousness, optimize their aesthetic taste and enhance their spiritual realm. Drama education, with its lively and interactive characteristics, enables students to learn through participation and improve their practical ability and humanistic quality. The organic integration of drama and aesthetic education can not only enrich teaching means and broaden teaching horizons, but also better guide students to form correct values and enhance their sense of social responsibility.

4. Advantages of combining drama and aesthetic education

4.1 Characteristics of drama and aesthetic education

With its uniqueness, drama endows students with rich aesthetic experience. Its characteristics are mainly reflected in the following aspects: Contextualization indicates the use of stage, lighting, sound effects and other elements to build a teaching situation full of artistic sense; Emotionalization clearly reflects people's living conditions and emotional unrestrained, emphasizing the free expression of emotions, so that students can obtain physical and mental enjoyment in the art experience; Interactive relying on the team production process of drama, cultivate students' teamwork ability and social communication ability. Aesthetic education has the following characteristics: comprehensiveness clearly promotes the all-round development of human beings, emphasizing not only the knowledge of beauty, but also the emotion, attitude and

behavior of beauty; Subjectivity emphasizes taking students as the main body and paying attention to students' individuality and creativity; Practicality emphasizes the transformation of theoretical knowledge of beauty into practical behavior, and cultivates students' aesthetic ability and artistic innovation thinking through practical activities. The effective combination of drama and aesthetic education is conducive to the cultivation of students' aesthetic ability and social practice ability, and better guide students to form a good social ideology.

4.2 Organic combination of the two

The organic combination of drama and aesthetic education is reflected in the course design. In the design of drama curriculum, we should pay attention to the integration of aesthetic education elements, and use the relevant theoretical knowledge of aesthetic education to give drama teaching a deeper meaning. Especially in the aspects of plastic arts, background music, role shaping, etc., through the perception of beauty, students are guided to have a unique understanding and perception of life.

On the other hand, aesthetic education can make abstract theory concrete and vivid through dramatic practice. In the process of playing roles and solving drama conflicts, students can understand and experience the true meaning of beauty, so as to enhance aesthetic consciousness. The collective participation and interaction of drama activities make aesthetic education more effective, encourage students to think positively and form correct values and outlook on life.

4.3 The enhancement of college students' ideological consciousness by dramatic aesthetic education is concretely reflected

Dramatic aesthetic education can improve the ideological consciousness of college students in the following aspects. The improvement of aesthetic consciousness can enrich students' aesthetic experience, guide students to appreciate and understand art, enhance aesthetic taste, and then form a good aesthetic consciousness. The presentation of realistic consciousness, dramatic aesthetic education takes real life as the stage to reflect life, so that students can understand reality from the perspective of art and enhance their perception of life. Moreover, the establishment of values, drama aesthetic education based on the humanistic spirit, carry forward the mainstream values, help students to establish a correct world outlook, outlook on life and values. The shaping of social apparatus, drama aesthetic education focuses on teamwork, cultivating students' team spirit and social responsibility, and shaping students' good social apparatus.

5. Conclusion

Following the educational background of colleges and universities, this study systematically discusses the strategies and methods of how to integrate aesthetic education into drama courses to enhance the ideological consciousness of college students. It is found that integrating aesthetic education into drama courses can effectively enhance the aesthetic consciousness and social responsibility consciousness of college students, and help students to form a correct world view, values and outlook on life. Although the current research has achieved some positive results, it is still necessary to further validate and modify the same educational strategies in the teaching practice of different courses, environments and disciplines. Future studies can further explore other possibilities of the combination of drama education and aesthetic education in order to more comprehensively and deeply understand its substantive role in the cultivation of college students' ideological consciousness. This provides a new educational tool for college teachers, and also opens up a new research direction on the cultivation of college students' comprehensive quality and innovative ability.

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