



Investigation and Research on the Current Situation of Tai'an High School Basketball Team

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Abstract: Basketball is a very popular sport. China's campus basketball, basketball training, national fitness basketball and other programs system is perfect, the number of games and participation is increasing. Tai'an City as Shandong province high school basketball development leader has a certain representative, therefore, this paper on the status of Tai'an high school basketball team investigation and research, and put forward some suggestions, in order to provide some valuable basis for the development of Tai'an high school basketball team.

Keywords: high school basketball team, status quo, investigation, analysis

Introduction

Basketball is a confrontational, can cultivate a sense of community between players, by the broad masses of people love sports, the antagonism between the antagonism between teams and players attracted many students to participate, make the students physical quality enhances unceasingly, the campus basketball development is not balanced, however, represented by the campus basketball team is so. The improvement of the overall basketball level of our country has a direct relationship with the development of the current high school basketball teams and the training of basketball talents in our country. The improvement of the development level and strength of the high school basketball teams is conducive to the implementation of our country's talent selection system and can provide many excellent talents for the country. This paper investigates the current situation of Tai'an high school basketball team and provides valuable basis for promoting the development of Tai'an high school basketball team.

1. Investigation on Tai'an high school basketball teams

Through the way of investigation and interview, this paper studies the development of high school basketball in Tai'an city, Shandong Province, and interviews some coaches and players. There are 33 high schools in Tai'an city, of which only 17 have basketball teams. Only eight schools recruit basketball players each year, while the other nine recruit mainly from their own high school students. According to the investigation on the basketball competition of middle school students in Tai'an in recent years, many students have received formal basketball education and training before high school, but there are gaps in training conditions, training environment, talent selection system and teaching staff among schools, leading to the polarization of the overall level. ^[1] Tai'an one, Tai'an 2, Ningyang one, relatively perfect in basketball team construction, in terms of Tai'an 2 schools have perfect echelon construction, junior high school students can follow the coach training, outstanding ability can be included in Tai'an 2 basketball team, and this occurs in Tai'an 2 well ahead of other high school basketball level. In terms of competition results, Tai'an No. 1 middle school, Tai'an No. 2 Middle school, Ningyang No. 1 middle school firmly ranked the top three, in contrast to other counties and cities, such as Feicheng No. 6 middle school high school basketball team although every year will participate in municipal games but the results are not ideal.

2. Analysis of the current situation of Tai'an basketball teams

Tai'an No. 1 middle School, No. 2 Middle School and Ningyang No. 1 Middle School are very good in parents' support, school publicity, school leaders' attention, training objectives and players' love for basketball, which has greatly promoted the development of school basketball and provided a guarantee for the improvement of basketball team performance. However, Feicheng No. 6 middle school and other schools in these aspects are not very good, which is also the direct factor leading to the poor performance of school basketball team.

2.1 Tai'an high school attaches importance to the development of basketball teams

The development of campus basketball depends on the implementation of school policies. The leaders of Tai'an No. 1 High School, No. 2 High School and Ningyang No. 1 High School attach great importance to the development of basketball team, which makes the school basketball team have excellent performance and can participate in the provincial and even national basketball competition, and there are a large number of second-level basketball players in the team. However, other high schools do not pay enough attention to basketball teams and campus basketball culture. They always emphasize the importance of learning while ignoring the importance of sports for middle school students. The school basketball team has few matches and the results are not ideal, which also leads to the situation that schools do not like to develop basketball. Without the drive of campus basketball team, campus basketball culture is naturally difficult to develop and grow.

2.2 The impact of Tai'an high school basketball teams on the enrollment rate

The current development of basketball in China is very rich, breaking the law that learning is the only way out for students, strong strength in sports can also have a very good way out. To join the high school basketball team, students not only improve their basketball level, but also rely on basketball to enter a good university. Tai'an 1 and 2 do very well in basketball specialized graduation rates, came out on top in the Tai'an City high schools, the team strength ascension becomes secondary athletes, by high level examination, basketball, single action and general physical examination forms of exam and was admitted to a good university, of professional basketball in the university for further study, In the high level of college students can enter the school team in Cuba (Chinese university basketball league) to gain further ascension, this factor is directly produced Tai'an City high school basketball teams of polarization, students don't want to go to school graduation rates low, it is a school should solve the thinking.

2.3 Parents' cognition of basketball

High school students have heavy study tasks, classroom assignments and after-school tutoring. Parents think students should take on studying, score is the only standard, but ignore the importance of sports for students, a lot of parents in schools that are afraid of affect children learning, support for the basketball team strength small, hindered the development of the school basketball team, Tai'an 1 and 2 coordinate very well, however, the school will be parents of basketball players to popularize basketball for the promotion of students' development, Let parents understand that basketball is also students should actively participate in, which makes parents increase their support for students to participate in basketball teams, which well promotes the development of campus basketball team.

2.4 Teaching philosophy of Tai'an high school

At present, the problems of basketball teaching in Tai'an city are mainly reflected in the backward concept of basketball teaching in high schools in some counties and cities. For high school students teaching, in addition to language, number, and other exam-oriented education subjects, but also sports, art, music and other comprehensive quality teaching, which is the direction of the new curriculum reform. In the traditional mode, due to the influence of exam-oriented education is relatively profound, it is difficult for students to pay attention to the improvement of comprehensive quality, and the importance of PHYSICAL education is relatively low. Especially in the training of basketball teams, students can't put their whole heart into the training course, which will lead to the failure of training objectives. On the other hand, in the process of basketball teaching and training, many teachers are strictly in accordance with the traditional mode of dribble, shooting, free throw practice, the lack of scientific and systematic training methods, so it has a negative effect on the improvement of basketball skills.

2.5 Training of high school basketball teams

Is scientific and systematic training of basketball sports level, strength, the most critical link in improvement, part of the county high school basketball team didn't have a set of complete and scientific system of training methods, there are some basketball team players in training for negative emotions, the players feel exhaustion of body and mind, don't make a commitment to the basketball training, So that they can not reach the training goals set by the coach, did not complete the training plan. As time passes, the players' own strength and basketball team level can not be improved, and they can not get satisfactory results in the competition.

3. Countermeasures and research on the development of Tai'an basketball teams

Campus basketball culture should become the campus civilization construction, is very important part of students' future development, Tai'an City the development of the campus basketball and basketball sports is helpful to raise the level of Tai'an City basketball echelon construction and the improvement of the system of material selection, however, the development of these areas need to the higher authorities, schools, teachers, and parents work together.

3.1 Improve the government's support

Tai'an City the improvement of the campus basketball first condition is need the support of the government, based on this, the higher authorities to organize various forms of basketball game, form a kind of traditional, let the city of Tai'an counties high school basketball teams are involved, the number of basketball team in the competition and the improvement of performance has a direct relationship, experience the players in the game, Only by summing up the deficiencies after the competition and continuing to improve their own strength can the development of basketball in Tai'an city show a prosperous scene. At the same time, it is necessary to establish a perfect talent selection system to create a strong basketball atmosphere in Tai'an city, so as to increase the school's attention to the development of basketball.

3.2 Organize and manage high school basketball teams

Campus basketball culture is the cornerstone of the basketball team, and basketball teams play a role in promoting and improving campus basketball culture. For schools without basketball students, we should use local materials, step by step, echelon construction, so that it can drive the development of campus basketball in full swing. ^[2]

The selection of appropriate teaching method is an important means to improve the performance of basketball teams, high school students are at the peak of growth and development. Although their coordination, sensitivity and quality are very good, their physical functions and systems are not mature. That's why we have to have some flexible, direct approaches to the main issues. Basketball rules require us to constantly praise, encourage and improve technical movements, practice more games, stimulate training enthusiasm, give full play to subjective initiative, improve results.

3.3 Strengthen of parents' cognition of basketball

With the gradual improvement of China's sports system, students who are good at sports will have a good prospect of development, and contribute to the development of students' physical and mental health. Basketball can cultivate students' sense of teamwork, excellent psychological quality and indomitable quality, which plays a vital role in students' future development. ^[3] Parents should break the idea that study is the only way out and give maximum support to students who love basketball.

4. Conclusions and recommendations

4.1 Conclusions

Polarization appears in the investigation of Basketball team in Tai'an city. The campus basketball culture of some high schools is too poor, and the basketball team's level is low.

Some schools do not pay attention to the development of basketball teams and are in the formalism stage. They are indifferent to the results and do not care about the healthy development of physical and mental sports of the players.

Parents of students do not pay attention to basketball, still stick to the idea that scores determine everything, do not care about students' physical and mental health development, and know too little about the positive impact of basketball culture on the country.

4.2 Recommendations

Some schools should consider the enrollment rate of basketball major, and the solution of this problem will make the school more attractive to talents.

Improve the attention of school leaders, change the concept of parents, encourage and support schools to hold and participate in basketball games, and guide school leaders, parents and students to attach importance to basketball.

Schools should attach importance to the development of basketball teams, increase their support for basketball teams, provide them with a good training environment, establish perfect echelon teams, lead basketball teams to participate in more competitions, and strengthen team construction, which is conducive to promoting the development of campus basketball.

Other high schools in Tai'an should learn more from the basketball training mode of No. 1 and No.2 Middle Schools in Tai'an, establish a scientific and systematic training mode suitable for their own schools and team members, and let students actively participate in the training, improve their professional basketball level, and achieve excellent results in the competition.

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