

# The role of cognitive psychology in the development of artificial intelligence translation

## Yujia YANG

Changsha University of Science & Technology, Changsha 410114, China

Abstract: With the rapid development of artificial intelligence technology, machine translation has made remarkable progress. However, to achieve high-quality translation in a true sense, machines must be able to understand and handle the complexity of human language. As a discipline for studying the cognitive process of human beings, cognitive psychology provides an important theoretical basis and practical guidance for artificial intelligence translation. This paper aims to explore the role of cognitive psychology in the development of AI translation, analyze how it can help improve translation algorithms, improve the quality of translation, and explore future directions.

Key words: artificial intelligence; translation; cognitive psychology

#### **1** Introduction

In the context of today's globalization, language communication is becoming increasingly important. The breakthrough of artificial intelligence translation technology has provided great convenience for cross-language communication, but it also faces many challenges. The machine translation system needs to deal with not only the direct conversion of words, but also to understand the culture, context and emotion behind the language. Cognitive psychology provides artificial intelligence translation with a way of deep understanding of human language and cognitive processes, thus helping machines to better simulate human translation capabilities [1].

## 2 Theoretical guidance of cognitive psychology for AI translation

2.1 The basic theoretical framework of cognitive psychology

The basic theoretical framework of cognitive psychology covers many core areas and aims to explore insight into the operating mechanisms of the human mind. First, cognitive processes refer to the mental activity experienced by individuals as they acquire, process, store, and apply information. These processes include aspects of perception, attention, memory, thinking, and language, which together form the basis of human cognition. Secondly, cognitive structure focuses on the psychological representations and organization that individuals rely on in the cognitive process, such as concepts, schema and frameworks, and the structure determines how individuals understand and interpret external information. Finally, cognitive development explores the cognitive changes of individuals at different ages, including children's cognitive growth, cognitive stability of adults and cognitive decline and other phenomena in the elderly, revealing the law of cognitive changes over time [2].

2.2 Cognitive psychology in artificial intelligence translation

Copyright © 2024 by author(s) and Frontier Scientific Research Publishing Inc.

http://creativecommons.org/licenses/by/4.0/

This work is licensed under the Creative Commons Attribution International License (CC BY 4.0).

The application of cognitive psychology in artificial intelligence translation is of great significance, which provides theoretical support and practical guidance for machine translation. First of all, in terms of understanding and expression, the research of cognitive psychology helps AI systems to better simulate the process of human language understanding, and enables the machine to accurately capture and understand the meaning of the original text by analyzing the context, semantics and grammatical structure of the original text. Second, in terms of memory and attention, cognitive psychology reveals how humans use short-term and long-term memory when processing information, and how they screen and process critical information through attention mechanisms. These research results are applied to artificial intelligence translation system, which improves the efficiency of machine storage and retrieval of language information. Finally, in terms of reasoning and problem solving, cognitive psychology explores how human beings use logic and experience to reason and solve problems. Applying these theories to AI translation enables machines to better handle complex linguistic structures and implicit meaning in the translation process, thus improving the accuracy and fluency of translation [3].

### **3** The role of cognitive psychology in the development of AI translation technology

#### 3.1 Semantic understanding

In terms of semantic understanding, cognitive psychology provides more in-depth theoretical support for AI translation. By studying how humans construct and process semantic information in the brain, researchers are able to design more advanced algorithms that enable machine translation systems to better understand the meanings of words, phrases, and sentences. For example, by simulating human semantic networks, AI translation systems can more accurately capture the associations between words, thus avoiding semantic ambiguities and errors during translation.

Moreover, cognitive psychology emphasizes the importance of context in semantic understanding. In practical applications, AI translation systems need to be able to adjust translation strategies according to the contextual information to ensure the accuracy and nature of translation. For example, when dealing with polysemy, the system needs to judge the correct meaning according to the context to avoid ambiguity. By introducing the contextual theory of cognitive psychology, AI translation systems can better simulate human contextual comprehension ability in actual language use [4].

3.2 Grammar analysis

In terms of grammatical analysis, cognitive psychology also provides valuable theoretical support for AI translation. The analysis and understanding of grammatical structure are crucial in human language processing. Cognitive psychology research shows that when human beings process language, they will use their internal grammar knowledge to analyze and parse sentences, so as to understand the structure and meaning of sentences. Based on these research results, AI translation systems can design more complex grammatical analysis algorithms to identify and process various grammatical structures more accurately.

For example, by simulating the human syntactic analysis process, the AI translation system can more effectively identify sentence components, such as subject, predicate and object, so as to correctly analyze the grammatical structure of sentences. Moreover, cognitive psychology emphasizes the importance of grammar rules in language acquisition and use. By introducing these rules, AI translation systems can better handle complex syntactic phenomena, such as clause nesting, passive voice, etc., thus improving the accuracy and fluency of translation [5].

#### 3.3 Context modeling

In the development of AI translation technology, context modeling is one of the key links to improve the translation quality. Research in cognitive psychology shows that context plays a crucial role in human language understanding and expression. To enable AI translation systems to better simulate human language processing capabilities, researchers need to build more refined contextual models.

The construction of a contextual model requires comprehensive consideration of various factors of language use, such as cultural background, topic domain, speaker intention, etc. By analyzing these factors, the AI translation system can more accurately capture the implicit meaning and emotional color of the language, thus improving the naturalness and accuracy of the translation.

For example, when dealing with expressions with cultural characteristics, the system needs to be able to identify and adapt to specific cultural contexts to avoid cultural misunderstandings and translation errors. Moreover, when dealing with the terms in professional areas, the system needs to be able to adjust the translation strategies according to the topic domain to ensure the accuracy and consistency of professional terms.

## 4 The application of cognitive psychology in AI translation evaluation and optimization

4.1 Quality assessment of translation

In the evaluation and optimization of AI translation, the application of cognitive psychology provides a more scientific and objective basis for the evaluation of translation quality. Traditional evaluation of translation quality often relies on manual review and is more subjective, while cognitive psychology provides a more systematic framework for evaluation.

Cognitive psychology emphasizes the complexity of information processing during translation, which requires the evaluation criteria to not only focus on the literal accuracy of translation, but also consider the adaptability of context, semantic coherence, and language fluency. By simulating human cognitive processes, assessors can more comprehensively evaluate the quality of translation, thus discovering problems that are difficult to detect by traditional assessment methods.

The results of cognitive psychology can help design more scientific assessment tools and methods. For example, through eye-tracking technology, researchers can understand the attention distribution and comprehension process of readers as they read the translated text, thus assessing the readability and accessibility of the translated text. Moreover, cognitive psychology also emphasizes the individual differences in translation evaluation, and the cognitive ability and background knowledge of different readers may affect the evaluation of translation quality, so these factors need to be considered in the evaluation process.

4.2 Optimization of translation process

In terms of translation process optimization, the research results of cognitive psychology provide important guidance for artificial intelligence translation. By understanding the cognitive mechanisms of humans in language processing, researchers can make targeted improvements to their translation systems to improve the translation efficiency and quality.

Cognitive psychology reveals human mechanisms of attention allocation and memory when processing language. Based on these findings, AI translation systems can optimize their algorithms to better simulate human attention and memory processes. For example, by introducing attention mechanisms, translation systems can more effectively identify and process critical information while ignoring unimportant details, thus improving translation speed and accuracy.

Cognitive psychology research also shows that humans use prior knowledge and experience in processing language. Artificial intelligence translation system can learn from this principle, and continuously accumulate and optimize the translation knowledge base through machine learning and deep learning techniques. In this way, the system can quickly access relevant knowledge when facing the new translation task, and improve the accuracy and fluency of the translation.

Furthermore, cognitive psychology emphasizes the importance of feedback in the learning process. AI translation systems can use this principle to continuously adapt and optimize translation strategies by collecting user feedback and evaluation data of translation results. For example, the system can automatically adjust the parameters in the translation algorithm based on the user's satisfaction with the translation results, thus gradually improving the translation quality.

#### 5 Application of cognitive psychology in AI translation education

5.1 Personalized learning path design

Research in cognitive psychology shows that there are significant differences in cognitive ability and learning style among different learners. Based on these differences, AI translation education can use the theory of cognitive psychology to design personalized learning paths for each learner. By analyzing the learning progress, interests and needs of learners, the educational platform can provide customized course content and exercises to meet the needs of different learners.

For example, for learners who are less strongly in grammatical analysis, the system can provide more grammatical practice and interpretation to help them consolidate the foundation. While for those learners who have difficulty in contextual understanding, the system can provide more contextual analysis exercises to improve their contextual comprehension ability.

5.2 Cognitive load management

Cognitive psychology emphasizes the importance of cognitive load in the learning process. In AI translation education, educators need to arrange learning content and tasks to avoid excessive cognitive load. By controlling the speed and difficulty of information presentation, the educational platform can ensure that learners do not feel excessive pressure during the learning process, thus improving the learning efficiency.

For example, for beginners, the system can gradually introduce new concepts and terms to avoid providing too much information at once. For advanced learners, the system can provide more challenging tasks to stimulate their learning interest and potential.

5.3 Feedback and evaluation

Cognitive psychology research shows that timely feedback is critical for the learning process. In AI translation education, systems can use the theory of cognitive psychology to provide immediate feedback and evaluation for learners. By analyzing the translation results and learning behaviors of learners, the system can provide targeted suggestions and improvement measures to help learners correct mistakes in time and improve their translation ability.

For example, the system can use natural language processing technology to automatically analyze the translated text of learners, point out grammatical errors, and semantic incoherence, and provide suggestions for improvement. In addition, the system can also provide more instructive feedback by simulating the feedback mode of human teachers to help learners better understand the problems in the translation process.

In short, the application of cognitive psychology in AI translation education provides scientific theoretical support and method guidance for educators. By combining the theories and techniques of cognitive psychology, AI translation education can better meet the needs of learners and improve the quality and effectiveness of translation education.

#### **6** Conclusion

In conclusion, the application of cognitive psychology in AI translation systems and education has significant potential and value. By learning from human cognitive mechanisms, translation systems can achieve more efficient algorithm optimization, thus improving the quality and speed of translation. At the same time, in translation education, cognitive psychology provides scientific theoretical support for the updating of teaching concepts and skill training, which helps teachers to better understand students' learning process and design more targeted teaching methods.

In the future, with the deepening of cognitive psychology research, the AI translation system and the field of education will get more enlightenment and guidance. For example, researchers can further explore the cognitive optimization for the multilingual translation system. Moreover, educators can use the latest research results on human cognitive mechanisms in a multilingual environment, and provide a more accurate direction for algorithm psychology to

develop more innovative teaching tools and methods to meet the needs of different learners.

# **Conflicts of interest**

The author declares no conflicts of interest regarding the publication of this paper.

# References

[1] Alice G, Paul O, Perry M, et al. 2023. Translation of tissue-based artificial intelligence into clinical practice: from discovery to adoption. *Oncogene*, 42(48): 3545-3555.

[2] Ci YF, James AT, Haoran C, et al. 2023. Artificial intelligence education: an evidence-based medicine approach for consumers, translators, and developers. *Cell Reports Medicine*, 4(10): 101230-101230.

[3] Li PP, Ning YW, Fang HJ. 2023. Artificial intelligence translation under the influence of multimedia teaching to study English learning mode. *International Journal of Electrical Engineering & Education*, 60(2): 325-338.

[4] Ji XN. 2022. The role of people's democratic model in the process of Sinicization of Marxism from the perspective of cognitive psychology. *Psychiatria Danubina*, 34(S4): 45-45.

[5] Gulyamutdinovna KS, Karshievna FK, Sarvinoz H, et al. 2021. The role of cognitive psychology in the elimination of destructive behavior. *Asian Journal of Multi-dimensional Research*, 10(4): 957-964.