

DOI: 10.32629/rerr.v6i9.3069

ISSN Online: 2661-4634 ISSN Print: 2661-4626

# An analysis on the path of integrating cultural self-confidence into college students' patriotic education

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**Abstract:** Culture is the soul of a country and a nation. Integrating cultural self-confidence into the patriotic education of college students can broaden the patriotic path of college students, enhance the sense of cultural responsibility and national self-confidence, and enhance the patriotic feelings of college students.

Key words: cultural self-confidence; patriotic education

# 1 Introduction

In the new era, Chinese youth are in the best period of the development of the Chinese nation. They not only have the opportunity to make contributions, but also shoulder the historical mission of "heaven will drop the great responsibility to the great people". Therefore, it is very important to pay attention to the patriotic education of young college students in the new period.

# 2 The necessity of integrating cultural confidence into college students' patriotic education

2.1 The need to enhance the sense of cultural identity

Integrating cultural self-confidence into college students' patriotic education can significantly enhance their sense of cultural identity. In the era of globalization and information technology, college students have more opportunities to come into contact with multiple cultures. However, they are vulnerable to the impact of foreign cultures, and even experience cultural identity crises. "In the interweaving of Western culture and traditional culture, some young people are easy to produce the wrong cognition such as 'blind worship of Western culture', 'no distinction between honor and disgrace, good and evil, self-centered, lack of life pursuit and lofty ideals' [1]." When these thoughts exceed a certain limit, they will not only threaten the physical and mental health of young college students, but also have an adverse impact on the safety of our national culture.

# 2.2 The need to maintain national unity

National unity is the cornerstone of national stability and social progress, and cultural self-confidence is the core of enhancing national cohesion and centripetal force. "National unity and ethnic unity are an eternal task of the Chinese nation and an important foundation for China's great rejuvenation [2]." Patriotism enables students to fully understand the connotation and significance of the pluralistic unity pattern of the Chinese nation. Under the premise of one China, students can have a deeper understanding of the culture and characteristics of other nations, and deeply realize the close

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relationship of interdependence and shared destiny among all ethnic groups in China, thereby enhancing the cultural identity of college students. They will further safeguard unity among different ethnic groups.

# 2.3 The development of socialism with Chinese characteristics

The new era requires a large number of builders and successors with high cultural confidence and strong patriotic feelings. Integrating cultural self-confidence into patriotic education is an important way to train qualified builders and successors in the new era. This kind of education not only improves the ideological and political quality of college students, but also inspires their enthusiasm to contribute to the development of the country and national rejuvenation. The cultivation of cultural self-confidence enables college students to have a firm cultural stance, respond confidently to various challenges brought by globalization, actively participate in national construction, thus achieving the great rejuvenation of the Chinese nation.

# 3 The inner relationship between cultural self-confidence and patriotic education

# 3.1 Cultural self-confidence is the driving force for cultivating patriotic feelings

A high degree of recognition and confidence in our national culture is an important prerequisite for inspiring patriotic feelings. Cultural confidence means a comprehensive understanding and high recognition of Chinese traditional culture, revolutionary culture and advanced socialist culture, which are the core embodiment of the national spirit. "College students are the main body of our future society and play an important role in inheriting excellent culture. Cultivating their cultural self-confidence is the driving force of our country's prosperity and development [3]." When college students have a deep understanding and pride in their own culture, they can naturally generate love and loyalty to the country, thereby enhancing national cohesion and centripetal force.

#### 3.2 Patriotic education is the connotation of cultural confidence in the times

Patriotic education aims to cultivate students' love, loyalty and sense of responsibility for the country. By learning and understanding the country's development process, great achievements and excellent traditional culture, students can have a deeper understanding of the unique advantages and precious spiritual wealth of the Chinese nation. This kind of education enables college students to better understand the broad and profound Chinese culture, enhances their sense of identity and pride in their own culture, and thus makes them establish firm cultural confidence. "In the process of various forms of patriotic education, culture-based activities will inevitably become an important presence in the carrier of patriotic education [4]." In the process of patriotic education, college students not only learn history and culture, but also participate in various practical activities, such as visiting revolutionary memorial halls, participating in social services and voluntary activities, which can allow them to experience and feel patriotic feelings in real situations and deepen their understanding and identification of cultural self-confidence.

# 4 The path of integrating cultural self-confidence into patriotic education of college students

# 4.1 Cultivating cultural self-confidence and enhance national consciousness of college students in multiple ways

Cultivating cultural self-confidence and enhancing college students' national consciousness are important tasks to cultivate young people with responsibility in the new era. "Cultural confidence and the strength of culture play an important role in promoting and guiding national development and progress [5]." First of all, through the curriculum, the excellent traditional Chinese culture, revolutionary culture and advanced socialist culture are systematically taught to help students understand and recognize the unique value and historical contribution of their own culture, and build cultural self-confidence. Secondly, a variety of campus cultural activities can be carried out, such as traditional festival celebrations, cultural exhibitions and theme lectures, so that students can experience and feel the charm of culture in practice, and enhance the sense of identity and belonging to the country. In these ways, college students can not only enhance their

cultural self-confidence, but also strengthen their national awareness in the context of globalization and contribute to the great rejuvenation of the Chinese nation.

4.2 Excavating typical cases and setting up a sense of example

In the great practice of the construction and development of socialism with Chinese characteristics, many typical figures and events have emerged. To the educated group, they are the most vivid and intuitive "educators". The typical cases can play an important role in guiding values, and positive characters and role models can inspire college students to pursuit truth, kindness, beauty and lofty ideals. "Model education turns boring lectures into vivid typical characters and events, which are easier for learners to accept and learn." In the new era, we should pay more attention to the scientific, effective and targeted role model education [6]." Therefore, in the patriotic education of college students, major figures and typical events related to cultural self-confidence should be actively explored, and these typical cases should be displayed in combination with socialist core values.

4.3 Giving full play to subjective initiative and enhancing patriotic consciousness

By giving full play to their own subjective initiative, college students can effectively enhance their cultural self-confidence and patriotic feelings. They should take the initiative to study and deeply understand the fine traditional Chinese culture, revolutionary culture and advanced socialist culture, in order to enhance their sense of identity and pride in their own national culture. College students should actively participate in campus cultural activities and social practices, experience and promote the spirit of patriotism in practice, and become responsible young people in the new era.

# 5 Conclusion

As the core of the national spirit, cultural self-confidence is of immeasurable value to the patriotic education of college students in the era of globalization and multiculturalism. The integration of cultural self-confidence into the patriotic education of college students is a systematic project, which needs joint efforts and continuous promotion from all sectors of society. Only in this way can we cultivate young people in the new era who are rooted in the land of China, have an international perspective, can inherit fine culture, and can innovate and develop, and contribute their youth to the realization of the Chinese dream of the great rejuvenation of the Chinese nation.

# **Conflicts of interest**

The author declares no conflicts of interest regarding the publication of this paper.

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