

To Build the Mode of "Heart" of Education and Build a New Way of Education Research Report on the Social Workers of Jiange Middle School Entering the Campus

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Abstract: Teenagers are the future of the motherland and the hope of the Chinese nation. The healthy growth of underage students is an important part of the people's good life. With the change of social environment and the increasingly high requirements of parents for children, the proportion of current problem students is increasing year by year. Underage crime, suicide and depression have become a social problem. In the process of building a harmonious society, more and more people from all walks of life are concerned about it. At the beginning of the period, due to the hidden changes in their psychological problems, the school parents did not pay attention to them. Teachers and parents pay more attention to the students' performance in school, such as whether they are attentive to lectures in class, whether their academic performance is declining, whether they are fighting in school. The students are in school most of the time, and parents can't find the changes in their hearts, bodies and thoughts in time. And the teaching task of teachers is heavy, facing dozens of students in the class, it's difficult to find problems in time, which leads to the situation gradually aggravating, leading to some social problems.

Keywords: cooperative education, mental health, teenagers

Introduction

The guidance on playing the role of social work professionals in the care and protection of rural left behind children was issued by five ministries including the Ministry of civil affairs in 2017, which proposed that, in the current situation, social work is a new developing team, which can make a positive response to rural left behind children, solve their psychological and social service needs, and promote their comprehensive and healthy growth. As the support of the construction of the minors protection service system, social work plays an important role in the minors protection service. However, in the actual research, it is still facing many challenges for social work to participate in the minors protection service. For example, due to the weakness of grassroots civil affairs and the lagging development of social work, it is difficult for social work to effectively participate in and give full play to its advantages in minors protection services. Based on the above background, social work needs more powerful support in the minors protection service, which requires the construction of an integrated minors protection service system, a clearer responsibility orientation of social work, and the maximum role of social work in the whole minors protection service system. This study aims to take Jiange middle school as the starting point, investigate and study the social workers in the campus to carry out assistance and education services for minors, use process evaluation and result evaluation to test the effect of assistance and education, build a new

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pattern of school society cooperative education, empower students to grow healthily, and explore a new idea of social workers in the campus, which also hopes to have a certain reference value for other schools.

1. The development of the investigation

1.1 Respondents

In 2023, there were 85 basic education schools (including kindergartens) in Jiange County, including 58 primary schools, 5 nine year consistent schools, 11 junior high schools, 3 ordinary high schools, 1 vocational high school school, 1 special education school, 1 Adult Education Center, 4 independent public inclusive kindergartens, 58 public inclusive kindergartens, and 1 private twelve year consistent school. There were 4,665 teachers and workers in the county. The total number of students of various types in the county is 62,312, including 10,388 children in the park, 23,974 primary school students, 14,670 junior high school students, 8,779 senior high school students and 4,521 vocational high school students. In the next five years, the growth rate of preschool age children and primary and secondary school students is expected to be around 5% per year, and the demand for compulsory education students in new and old counties is expected to grow by about 7% per year. Jiange county middle school is the first batch of provincial key senior high school and demonstration ordinary senior high school - Jiange middle school in Sichuan province covers an area of 9.066667 hectare. At present, the school has 77 teaching classes and 4,771 students. Our investigation group took the whole group random sampling method from January 2023 21~2,024 February 6th, and selected 200 students of the school as the research objects.^[1]

1.2 Investigation methods

In the survey, the purpose of the survey was explained to all students, and semi-structured interviews, questionnaires and field observations were used to collect data. Face to face explanation of the notes to fill in the questionnaire, let students or family members fill in by themselves, and guide the filling of the items in question to ensure the privacy and objectivity of the survey. A total of 200 questionnaires were distributed in this survey, and 200 valid questionnaires were recovered, with an effective recovery rate of 100%. The data obtained, depth exploration, and analysis of the original data, in order to obtain data consistent with the purpose of this paper, and then draw the corresponding conclusions.^[2]

1.3 Investigation results and causes

The content of the questionnaire includes the gender, age, education status, weight, height, parents' highest education level, parents' marital status, living conditions, psychological tests, and the demand for social workers in schools. Among the 200 questionnaires, 25 students were judged to have mental problems (including serious and slight ones), accounting for 12.5%; There were 175 other students, accounting for 87.5%, and 138 approved of social workers, accounting for 69%. The survey results show that: the proportion of mental problems of minors is not low, students and parents hope to have professional social workers to participate in, fully understand the minors, and use the professional knowledge, methods and skills of social workers to make communication and guidance plans. Through professional working procedures, we can go deep into their hearts, understand their feelings, ideas and needs, and carefully observe the impact of the surrounding environment on them, so as to help minors grow healthily.

We found out from the analysis of the collected data that the causes of the minors' mental problems are: the current students have high learning pressure, irregular life, and few opportunities to vent. At the same time, children and adolescents are in an important period of psychological growth and physical development, and the psychological endurance cannot fully reach the normal level of adults. The impact of external factors in daily life and learning process causes the fluctuation of young students' emotions, leading to a series of mental problems. These mental problems will not only produce deviation on the cognitive function of underage students, but also interfere with the daily learning and social interaction of children and adolescents. Moreover, it is manifested in dissociative depression, school phobia, selective silence, social phobia, delusion, identity recognition error, hallucination, mania, personality change, attack hostility, fighting, campus bullying, lawlessness, etc., which has a significant negative impact on learning, family, physical and mental health, and social security.

Due to the relatively small investment, the index data of the questionnaire is limited, and the content of the analysis is

relatively simple. In a word, the psychological problems of underage students can't be ignored, and early prevention is needed. If social workers can be stationed in schools for early intervention and psychological counseling, it will achieve twice the result with half the effort. But now social workers in school services are facing many difficulties.

2. The dilemma of social workers entering the campus

2.1 The service concept of social workers is lagging behind, and the professionalism needs to be strengthened

At present, the service content provided by social work in the protection of minors is relatively single, and the service level is at a low level. Mainly due to the lack of professional ability of social workers themselves, the concept of service for underage students is relatively lagging behind, the protection work for them turns to lack of understanding, and the service content is limited to the material assistance level. Lack of professional working ideas and methods, low degree of specialization. If social workers are stationed in the campus, they can make up for the lack of traditional work experience and work methods, and solve the problems of underage students in different situations in the school in a timely manner. However, in practical work, social workers undertake more than their own professional tasks. More often, in order to cooperate with the government departments to complete the work indicators, social workers undertake a lot of administrative affairs beyond their own jobs. In this way, in the face of a huge workload, the limited social workers are lack of skills. The workers' energy is scattered, and the focus of work is also shifted, so they can't wholeheartedly enter the campus and put into the social work service of underage students.

2.2 It is difficult to evaluate the service effect of social workers in school, and it is lack of sustainability

Social work supervision is an indispensable measure to ensure the effectiveness of social work services. The effect of social workers in school participating in the social work services of underage students is difficult to evaluate and does not have continuity. The main reason is the lack of supervision and effective service evaluation mechanism for underage students. The social work in school serves the minors. When it comes to the minors in difficulties, it mainly looks at the service effect from two aspects. Through social work services, on the one hand, it can help the minors maintain their current living conditions and not become more comfortable, and alleviate the current difficulties faced by the minors and their families; On the other hand, while helping minor students maintain their living conditions, we should help them to improve their living conditions, so that they can receive education, carry out normal interpersonal communication, obtain opportunities for development and growth, and improve the quality of life.

2.3 The lack of supervision mechanism and the low cooperation between the government and the school

Who is responsible for the funding of social workers in school? Where are the resident social workers from? Is it to buy the services of social service institutions or to be drawn from the community where the school is located? Which department is the office location of the social workers in the school located in? These are problems in reality. At this stage, although the government has provided certain funds for social work, it puts forward that the youth student protection service needs the participation of social work at the macro level, but at the micro level, there is still a lack of specific work guidelines and clear operation rules. There is also a lack of corresponding talent incentive mechanism for social workers in the campus, so it is difficult to form a stable service team, and the management system for social workers in the campus has not yet been formed.

3. Countermeasures and suggestions for social work on campus

3.1 Innovating the working mechanism of social workers on campus, and building a new concept of school family society cooperative education

What is social workers entering campus? As a resident social worker, his duty is to help young students on the road of learning and growth. Let students understand the job responsibilities and contents of social workers, and quickly shorten

the psychological distance with them. The social workers in the school need to be trained and selected at all levels before entering the campus. The social workers are more like the "middlemen" of teachers and students and the "linkers" of various resources. While growing up with students, they also grow up with them. " Let social workers walk into the campus, let social workers into social workers into the campus, through the way of "point" embedding to carry out questionnaire surveys, group activities and case counseling, etthrough the way of "point" embedding, to help students improve their resistance and actively respond to various types of growth challenges, integrate school social work into the city's social work system construction and school management operation mechanism in the city's social work system construction and school management operation mechanism, innovate and create the new concept of "school social work coalition": equip 1 fulltime school social worker for each junior high school and senior high school school, "school social workers are directly managed by the school, providing services such as case counseling, school home society communication, social workers classroom and psychological testing." to promote the standardization, specialization and standardization development of school social work in the city's schools in the city's social work, and actively respond to various types of growth challenges, School social work in the school psychological consultation room, mindfulness training room and other scientific and professional service venues with complete functions, To provide resource guarantee for related work. Actively cultivate the joint development of school social workstations and municipal social work service and guidance centers; Develop the school social work service supervision and evaluation program, establish the professional school social work service supervision and evaluation team, provide monthly evaluation services, etc., to help the school social workers to further improve their practical skills.

3.2 Integrating resources and establish a professional, professional and socialized social work talent team

With the rapid development of economy, the value orientation, ideology and lifestyle of young people have become diversified, and the problems of young students have become complex. It is difficult to solve many problems of young students only by relying on the traditional single social work mode. It is necessary to promote the construction of social work talent team.

One is to establish a professional and well-trained social work talent team. Use professional ideas and methods to deal with diversified, personalized and complex issues. Give full play to the important role of colleges and universities in the training of social work talents in our province, further strengthen the construction of disciplines, enrich the faculty, expand the enrollment scale, improve the quality of teaching, adhere to the theory of learning and social work practice, and cultivate a number of social work leaders with high professional level and strong operational ability.

Two is to establish a professional team of social workers. The existing social workers were upgraded and transformed, and their education and training were intensified. A set of medium and long-term training plans were formulated, and large-scale professional training was carried out step by step. Make full use of local and foreign educational resources, establish social work talent training base, invite social work experts and scholars, qualified professional social workers to regularly teach knowledge and practice guidance, so that they can master certain social work professional knowledge, theory and skills, actively encourage them to participate in the national social workers professional level examination, strive to improve their professional level and professional level, establish a strong professional social work team, make them the main force of social work, and play a basic role in school construction.

Three is to establish a socialized volunteer team. The development of social work cannot do without the support of volunteers. While giving full play to the professional advantages of social workers, we should pay attention to the assistance and participation of volunteers, widely popularize the concept of compulsory service, research and develop incentive policies, dredge and broaden channels, encourage all types of personnel with professional knowledge and skills to participate in social services as volunteers, widely absorb old Party members, old cadres, old models, old doctors, old workers, old intellectuals, and retired soldiers in urban and rural communities to participate in the volunteer team, actively recruit volunteers, establish a socialized volunteer team, and form the awareness of "social workers lead volunteers,

volunteer associations help social workers" to serve the majority of school students.

3.3 Diversification of service mode

The three-dimensional service mode of case precise intervention, professional social workers intervention and family empowerment support was used. Broaden professional services, accurately focus on students' needs, solve the psychological problems that have plagued young students for a long time, and regain confidence. According to the survey results, it is generally reflected that "I am willing to communicate with social workers" and "I hope to learn a lot of useful mental health knowledge". "We hope that the resident social workers will become an important supplement to the school's mental health education." we independently explore the school's social work intervention in minors' mental health screening and early intervention mode, and cultivate the resident social workers as a strong support to promote the comprehensive and healthy growth of young people. We have established the minors' mental health screening and early intervention mechanism, forming a "100% comprehensive screening - 15% active prevention - 5% case intervention" mode. On this basis, the social workers in the school provide one-to-one consultation and guidance for students' personalized problems in academic, emotional and behavioral aspects with professional knowledge and skills. "The resident social workers stand in the perspective of the third party, mainly to accompany and listen, to help students identify the root cause of the problem, explore solutions, and enhance their self-awareness and coping ability. At the same time, the resident social workers also actively open social workers classes, including mental health education, life education, social skills training and other content into daily teaching, through interactive teaching methods such as scenario simulation, role play and group discussion, to stimulate students' interest in learning. According to the characteristics of the school, focus on students' needs, create courses, let students further understand traditional culture, cultivate and improve resilience." social workers classes are carried out in the form of group activities, recommended by teachers or actively signed up by students, and the number is generally fixed at 20 to 30. "Such a social workers classroom can pay attention to the common needs of some student groups, and pay more attention to peer exchanges among students, so that every student participating can be immersed in it, and really get something." courses such as interpersonal communication, emotional management and freshman adaptation were opened to help students better adapt to the campus life in the middle school stage. Gather various forces to enable students to grow up in an all-round way. On the basis of understanding the needs of students, actively link with community or social work institutions, and timely release the "social practice and volunteer service demand form", so that students can fill in the Declaration on their own. "Social practice activities are mainly carried around two plates. Social practice activities are mainly carried around social practice activities mainly around two plates. One is service growth projects, such as service for the old for the old for the elderly group, service for the young children's" less for less "service, community environmental governance services and so on; two is group mutual assistance projects, such as peer peer mutual assistance group, interpersonal relationship promotion group, emotional management group and so on, allowing students to look at peer relationships with a more open attitude through a series of activities, and help healthy growth with a more open attitude. Through social practice activities, they improve life skills through social practice activities, cultivate social responsibility awareness, and harvest more meaningful holiday life." "" the school resident social workers can play the "natural advantage", actively guide students to participate in social practice, actively guide students to participate in social practice, enhance students'social cognition and social practice, enhance students's social cognition and social awareness integration. "With the continuous improvement of the working mechanism of the school social work consortium, The resident social workers have gradually developed into the link of resources of all parties, building a bridge between schools, families and communities, and promoting the information sharing and cooperation of the three parties. In order to further enhance the collaborative education efforts, the school social workers have also opened parent parent growth training camp and Teacher Excellence workshop. When students encounter crisis problems, parents are invited to the school at the first time, or the resident social workers, the head teacher and the Moral Education Director visit the home together, and guide parents to further do family education. For teachers, social workers in school use fixed time to carry out corresponding mental health knowledge and skills training. "Teachers also gradually change the concept of education, pay

more attention to the personalized needs of students, and grow up with students." "focus on the life difficulties and psychological barriers of minors. The social workers in school focus on solving the pain points and difficulties in the relationship field "of home school, teachers and students, students, parents and children, further empowering the healthy growth of students, and the new pattern of school social work collaborative education.

3.4 Exploring and improving the evaluation mechanism of social workers in school

Really pay attention to the long-term effect and deep change of social work services for minors. In the process of minors protection, the evaluation of social work services should not only focus on the relevance between service processes, but also pay attention to the actual service effectiveness, which should be comprehensive and multi-level. In order to make social work more effective in the protection of young students, we can promote the construction of the evaluation system from the following three aspects.

First, the state strengthens policy support, strengthens service evaluation standards from the system, and gives legal support. The relationship between the three needs to be clarified in advance, with their respective responsibilities and obligations, on the basis of equality, on the basis of the principle of most conducive to young people, mainly based on the needs of minors, to develop social work service evaluation standards and specific implementation rules suitable for the protection of young students. It is necessary to understand and pay attention to the evaluation and feedback of minors and their family members on services in a timely manner, and fully respect the feelings of young students in the development and implementation of service plans. Using scientific and reasonable evaluation methods, while respecting and protecting their privacy, fair and reasonable methods are used to monitor and audit the whole process of social work services for young students. The results are clear, complete and accurate.

Second, when evaluating the effectiveness of social work services, we should give full consideration to the actual benefits of minors and their satisfaction with services, set up evaluation indicators from multiple dimensions and levels, and test the completion of social workers in the early, middle and later stages of services. Pay attention to the changes of minors in the process of receiving services and after the end of services, consider their own behavior, cognition and changes in the surrounding environment, and set up scientific and reasonable evaluation indicators. The evaluator should timely feedback the evaluation results to the service provider, appropriately reward and punish, and facilitate the internal rectification of social organizations themselves.

Third, in the evaluation of social work services, under the condition of fully protecting the privacy of minors, with the help of relevant media and the public, we should participate in the evaluation of service effects, forming a social supervision pattern of multi participation, joint evaluation and protection of minors. Properly disclosing the utilization of social organization resources and the personnel assessment system is conducive to improving the openness and transparency of the service evaluation process.

To sum up, in the process of promoting social workers to stay on campus, the most important thing is to build the educational concept, service mode and evaluation system of CO governance of family, school and society. Both the existing community social workers and professional social workers outside the community should be reasonably quoted to stay on campus and serve young students. The social workers in the campus described in this paper have a certain theoretical nature, but the practicality needs to be further verified. Finally, on the basis of practice, the service model of the social workers in the school is further improved, and its in-depth exploration is carried out to form a complete service system of the social workers in the school, to help the minors get rid of difficulties, so as to provide help for the healthy development of young students.

Conflicts of interest

The author declares no conflicts of interest regarding the publication of this paper.

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