

# The Practice Path of Excellent Traditional Family Training Culture to Cultivate the Socialist Core Values of College Students

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**Abstract:** The excellent traditional Chinese family training culture is highly consistent with the socialist core values, which provides valuable resources for cultivating the socialist core values of college students. To cultivate the socialist core values of college students with the excellent traditional family training culture, it is necessary to collect, collate and deeply interpret the excellent traditional family training literature, broaden the communication channels, realize the integration and co-transmission of the excellent traditional family training culture, and build a mechanism for both families and schools to cultivate the socialist core values of college students.

**Keywords:** excellent family training culture, college students, core socialist values

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## Introduction

As the spiritual pillar of socialism with Chinese characteristics, socialist core values play an important role in guiding the healthy growth of college students. The excellent traditional Chinese family training culture contains rich moral ethics, wisdom in handling the world and experience in family governance, which is highly consistent with the socialist core values and provides valuable resources for the cultivation of socialist core values for college students.

### 1. The main content of excellent traditional family training culture

#### 1.1 Personal level: emphasis on character cultivation and growth and development

Zhuge Liang's "Commandments Book" in "not indifferent to bright, not quiet and far" warned children to maintain a calm and quiet mentality, in order to clear their aspirations, to achieve lofty goals. Mastering a skill is a solid compass for your personal growth and development. In Yan's Family Instruction, "It is better to accumulate wealth than to have small skills in the body" emphasizes the importance of professional skills for individuals to achieve independence and establish themselves in society.

#### 1.2 Family level: pay attention to the harmony of family relations and family inheritance

In "Zhu Zi's Family Instruction", "the most valuable of the father is kindness; The son of the precious, filial piety also; The dear brother, friends also; Brother of the precious, respect also; The husband of the expensive, and also; "The woman of the precious, soft also" emphasizes that family members should follow the principle of filial piety, respect parents and elders, and maintain a harmonious and friendly relationship with brothers and sisters. In Zeng Guofan's letter Home, "Home frugality is flourishing, people are diligent and healthy; "Can be diligent and thrifty, never poor and cheap" emphasizes the relationship between diligence and thrift and the rise and fall of the family, believes that the prosperity of the family cannot be separated from the word diligence and thrift, advocates that family members should be industrious

and thrifty, create wealth through their own efforts, and avoid the decline of the family because of laziness and extravagance.

### **1.3 Social level: advocate social responsibility and public ethics**

In "Qian's Family Instruction", "Do not seek benefits in one body, but seek benefits in the world" warns family members to pay attention to the balance between individual interests and social responsibilities, advocating that while pursuing personal interests, they should pay more attention to and commit to the public interests and long-term development of society. In Pei's family Instruction, "In society, public morality comes first." Cherish public property and abide by the order." It emphasizes the norms and order of public morality that individuals should abide by in society, and urges people to establish public consciousness, respect public interests, actively fulfill social responsibilities, and jointly maintain social harmony and stability.

## **2. The value of excellent traditional family training culture to cultivate the socialist core values of college students**

### **2.1 Consolidating the moral foundation of college students' socialist core values**

At the citizen level, the socialist core values advocate the "patriotic" children's feelings, the "dedicated" professional ethics, the "integrity" of the foundation, and the "friendly" harmonious way. The core of excellent traditional family training culture lies in the cultivation and inheritance of "virtue". From the ancient "Yan Family Instruction" and "Zhu Zi Family Instruction" to the modern family instruction, it not only records the history and glory of the family, but also contains rich moral education and norms of behavior. From the grand ideal of "self-cultivation, family harmony, governing the country, and peace for the world" to the specific requirements of "honesty, filial piety, diligence, thrift, and kindness", the Chinese nation's pursuit of noble morality and beautiful sentiments are all evident.

### **2.2 Valuable resources to strengthen the emotional identification of college students' socialist core values**

The excellent traditional family training culture takes the family as a unit, and through the way of generation, the wisdom, morality and emotion of the ancestors are condensed into a powerful spiritual force, which can cross the boundaries of time and space and resonate with the hearts of college students.<sup>[1]</sup> In the process of learning and understanding the family training culture, when college students feel the predecessors' persistent pursuit of family feelings and adherence to and inheritance of moral qualities, they will naturally produce a strong emotional identity, and more consciously reflect it in their own words and deeds, thus becoming firm believers and practitioners of socialist core values.

### **2.3 A vivid carrier for college students to consciously practice socialist core values**

The dissemination of socialist core values needs to cross the gap between theory and practice and get close to the life of college students. As a micro manifestation of Chinese culture, the excellent traditional family training culture, with simple language and deep roots in the folk, provides a vivid carrier for the popularization of values. With the help of cases and stories in family training, abstract concepts are transformed into concrete norms of behavior; The use of poetry and other forms of direct expression of values, encourage college students to integrate values into daily behavior, become the basic principles of life, study and work.<sup>[2]</sup>

## **3. The path of excellent traditional family training culture to cultivate the socialist core values of college students**

### **3.1 To collect, sort out and deeply interpret excellent traditional family training literature, and build the cultural cornerstone of socialist core values education for college students**

Comprehensively collect and sort out Chinese traditional family training literature, and make use of library, archives and other resources to extensively collect family training, family letters, family trees and so on.<sup>[3]</sup> The literature is systematically classified, the multi-disciplinary research method is applied to in-depth interpretation, and the core value elements are extracted. Set up a team of interdisciplinary experts, invite experts in various fields to conduct independent

analysis, hold seminars, cross-verification and comprehensive discussions, organize and publish the results or hold lectures and exhibitions. Diversified forms to meet the needs of the audience, with special attention to college students, so that the traditional family training culture in the new era to revitalize, provide cultural nourishment and support for socialist core values, and promote their deep rooted in the hearts of the people.

### **3.2 To broaden the channels of communication, and realize the integration of excellent traditional family training culture and socialist core values**

We will intensify the publicity of the excellent traditional Chinese family training culture, broaden the channels of communication, and create a good public opinion atmosphere. The mainstream media should be close to the people and vividly explain the connotation and value of family training culture. Set an example of family style, show moral outlook through interviews, commendations and other forms, and stimulate social recognition. Use museums, libraries and other public cultural places to hold family training cultural exhibitions, lectures and other activities to attract college students to participate in and feel the charm of family culture. Through storytelling, case analysis and other techniques, let the family training culture deeply rooted in people's hearts and become a spiritual bond. These activities provide cultural nourishment and mass foundation for the cultivation and practice of socialist core values, and promote their internalization in the mind and externalization in practice among college students.

### **3.3 To establish a mechanism for both families and schools to cultivate college students' socialist core values**

At the family level, the excellent elements of traditional family training should be transformed into the code of conduct in daily life, and correct values should be established for children through words and deeds, and a harmonious, upright and upward family atmosphere should be created. At the school level, students should be guided to understand the profound connotation of these family traditions and family training by explaining historical stories and analyzing characters' deeds. Students are encouraged to actively participate in class discussions, share their understanding and perception of family traditions and family disciplines, and explore the internal connection between them and core socialist values; The educational content should be supplemented and perfected, and the teaching materials should be carefully compiled, which are close to the reality of students' life, readable and inspiring. The elements of family style and family training should be integrated into campus landscape design, and campus cultural activities with family style and family training as the theme should be held regularly.

## **4. Conclusion**

As the spiritual treasure of the Chinese nation, the excellent traditional Chinese family training culture contains rich moral ethics and wisdom, which is highly compatible with the socialist core values and provides profound cultural deposits and practical resources for cultivating the socialist core values of college students. Through systematic collection, sorting out and in-depth interpretation of family training literature, broadening communication channels, and building a coordination mechanism between family and school, college students can more effectively promote their understanding and identification of socialist core values, and promote their internalization in mind and externalization in practice.

### **Conflicts of interest**

The author declares no conflicts of interest regarding the publication of this paper.

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