

The Modern Value of Yangming 's " Practice on the Matter": Based on the Exploration of the Work of Counselors

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Abstract: Yangming 's thought of " tempering on things " emphasizes tempering the mind and realizing the unity of knowledge and practice in specific affairs, which is highly consistent with the concept of " practical education " in vocational education in the new era. At present, higher vocational counselors are faced with practical difficulties such as insignificant effect of theoretical indoctrination and vague path of practical education. The introduction of the idea of " training on the matter " into the education work system can provide an important philosophical basis and practical path for the innovation of education mode, the cultivation of professional quality and the improvement of theoretical system. This paper analyzes the philosophical connotation of " practice " and combines the actual needs of higher vocational education to explain its modern value from three dimensions : theoretical expansion, practical innovation and system construction, so as to provide operational path reference for counselors to carry out their work.

Keywords: Practice on the matter, higher vocational counselors, educational work, unity of knowledge and action, practice education

1. Introduction

The relevant policies clearly require strengthening practical teaching and promoting the deep integration of education and professional practice. However, as a front-line implementer of education, higher vocational counselors generally face the dual challenges of ' the effect of theoretical preaching is not obvious, and the lack of grasp of practical education '.

After the enlightenment of Wang Yangming 's Longchang, he put forward that ' people must be grinded in things to be able to stand ^[1], emphasizing that the cultivation of mind and nature should be carried out in specific affairs to realize the unity of moral cognition and behavior practice. Chen Lai pointed out that " practice on things " is the practical form of Yangming 's theory of " unity of knowledge and action. "^[2] The current academic research on Yangming 's philosophy of mind focuses more on philosophical speculation and historical interpretation, less on its practical transformation in higher vocational education, and less on the operational path. Therefore, it is of great theoretical and practical significance to explore the modern educational value of this thought to promote the work of counselors.

2. The ideological connotation of Yangming 's " tempering on things "

2.1 The origin and core meaning of philosophy

" Practice " is rooted in the core proposition of Yangming 's philosophy of mind, " mind is reason " and " unity of knowledge and action. " Wang Yangming made it clear in " Chuan Xi Lu " that its essence is to work hard in specific

affairs, otherwise it will be chaotic and difficult to make long-term progress. The ' thing ' here is not an external objective thing, but a meaningful practice composed of the encounter of mind and matter. It is Yangming 's practical wisdom extracted from the experience of actual governance. The core is to realize the unity of moral judgment and behavior choice in the situation.

The thought includes three dimensions : one is the dimension of practice carrier, which takes class management, community activities and other specific affairs as the training field ; the second is the dimension of mental temper, examining and eliminating selfish desires in dealing with affairs ; the third is the dimension of the transformation of knowledge and practice, which pursues the high unity of cognition and behavior, which is highly consistent with the logic of the integration of moral education.

2.2 The modern educational interpretation of traditional wisdom

Zhou Yueliang believes that the essence of " tempering in things " is frustration education, and advocates tempering personality in difficulties, which can be transformed into an important way to cultivate the professional quality of higher vocational students. Students can gradually develop stress resistance, communication skills and professional responsibility through real situations such as practical training problems, teamwork conflicts, and job internships. Zhan Mingfeng and other scholars pointed out that this idea can solve the dilemma of " disconnection between cognition and behavior " in higher vocational education. Its modern value lies in promoting the transformation of educational theory from conceptual cognition to behavioral habits with concrete and situational tasks.

3. The value of " training on the matter " to the education work of counsellors

3.1 Theoretical value

First, enrich the resources of educational theory. At present, the use of traditional culture in the work of counselors is mostly fragmented and lacks deep integration. The idea of " tempering on things " constructs the connection of " traditional psychology-policy spirit-educational practice " and injects Chinese philosophy. Second, innovative research methods. The current research focuses more on emerging fields and lacks the development of traditional cultural education resources. This idea promotes the research perspective from experience summary to theoretical guidance, forms a complete research line, and enhances the theoretical support of counselors ' work.

3.2 Practical value

First, enhance students ' endogenous motivation for learning. In view of the problem that students ' interest in theoretical learning is not high, ' practice on things ' advocates ' understanding in doing things and becoming virtuous in action. ' Counselors can design daily affairs such as dormitory mediation and activity planning as training projects to guide students to recognize core values and stimulate active investment.

Second, empower counselors to concretize their working methods. Break the cycle of " theoretical indoctrination-insignificant effect, " according to the process of " situation design-heart method guidance-reflection and improvement, " develop the class hone list tool, and transform the mind concept into an operable working method.

Third, deepen the cultivation of students ' professional quality. Combined with the training goal of higher vocational talents, this idea is integrated into the whole process of professional quality cultivation, such as embedding responsibility training tasks in professional training and cultivating craftsman spirit.

4.The practical path of the thought of " tempering on the matter " in the education of counselors

In class management, class cadre training can implement role responsibility training, set up mobile class leader, project leader and other positions, and exercise students ' overall coordination ability. The construction of class system implements consultation and co-governance, guides students to participate in the formulation and implementation of class rules, and deepens the awareness of rules. In the evaluation of the effect, the observation indexes covering the dimensions of cognition, emotion and behavior are designed by referring to the combination of vertical comparison and

multiple evaluation. By observing and recording, reflecting logs, multi-party evaluation and other tools, a virtuous circle of " practice-reflection-improvement " is formed.

5. Conclusion

Wang Yangming 's thought of " practice on things " provides profound philosophical wisdom and practical guidance for the work of counselors. In theory, it expands the dimension of traditional culture, innovates research ideas, solves the dilemma of disconnection between knowledge and practice in practice, and helps to build a characteristic education model in the system.

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