

Exploring the application of practical English teaching and learning strategies

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Abstract: With the accelerated development of globalization, the importance of English as an international language is self-evident. However, traditional English teaching and learning methods are often too rigid and lack practical application value, which requires us to deeply explore the application of practical English teaching and learning strategies to meet the needs of modern society.

Key words: practical English; teaching strategies; learning strategies; discussion

1 Introduction

In practical English education, the application of effective teaching and learning strategies is of great significance for improving teaching and learning effectiveness. Teachers are the main body in the application of practical English teaching and learning strategies, and their quality and ability directly affect the quality and effectiveness of teaching. Therefore, teachers should constantly update their teaching concepts and methods, strengthen their own learning and improvement, in order to adapt to the constantly changing educational environment and student needs.

2 The necessity of practical English teaching

In today's society, English is not only a language tool, but also an important means of obtaining global information and participating in international communication. Practical English teaching is specifically designed to meet this demand, emphasizing the practical application of language, enabling students to truly master English listening, speaking, reading and writing abilities, and improving their English communication skills. Practical English teaching also focuses on personal development, which can provide students with more choices and cultivate diverse English talents. In order to help students better adapt to the needs of social development, practical English teaching should focus on cultivating students' cross-cultural communication skills, so that they can better integrate into international communication. At the same time, practical English teaching should also focus on cultivating students' self-learning ability, so that they can continuously improve their English proficiency. Therefore, in practical English teaching, teachers should focus on cultivating students' self-learning ability, guide them to master effective learning strategies, and cultivate their good learning habits. For example, teachers can guide students to develop learning plans, encourage them to review and practice regularly, thus improving their learning efficiency. At the same time, teachers can also utilize online resources to provide students with rich learning materials and resources, encouraging them to learn independently and explore new knowledge. Through these measures, students can better grasp English knowledge, and improve their English proficiency, laying a solid foundation for future development [1].

3 Changes in learning strategies

The transformation of learning strategies is an important component of practical English teaching. Traditional learning methods often focus on rote memorization of knowledge, while neglecting practical applications. Modern learning strategies emphasize various methods such as self-directed learning, cooperative learning, and exploratory learning, encouraging students to actively participate, practice, and reflect, thereby improving learning outcomes. Teachers also need to provide personalized learning advice and guidance based on individual differences among students. Each student has their own learning characteristics and needs, and teachers should pay attention to their individual development, formulate different learning plans and goals based on their actual situation, and help them find suitable learning methods and strategies. At the same time, teachers should regularly evaluate students' learning progress, adjust teaching plans and strategies in a timely manner to ensure that students can achieve the best learning outcomes. Teachers can understand individual differences among students by observing their learning habits, interests, learning styles, etc., in order to provide targeted learning advice and guidance. For example, for students who enjoy visual learning, teachers can provide learning materials with illustrations and text; For students who enjoy hands-on practice, teachers can organize some practical learning activities. These personalized learning suggestions and guidance can help students better unleash their learning potential and improve their learning outcomes. At the same time, teachers should regularly evaluate students' learning progress, adjust teaching plans and strategies in a timely manner to ensure that students can achieve the best learning outcomes. Evaluation can be carried out through various methods, such as exams, work evaluations, oral expressions, etc., in order to comprehensively understand the learning status of students, identify their strengths and weaknesses, and provide timely guidance and assistance for their shortcomings [2].

4 The specific application of practical English teaching and learning strategies

4.1 Create context and cultivate language sense

Language learning cannot be separated from context. Practical English teaching should make full use of multimedia, network and other technological means to create real English contexts for students, allowing them to experience the use of English in simulated situations and develop their language sense. At the same time, teachers should encourage students to try using English for communication in daily life, in order to improve their practical English proficiency. In daily teaching, teachers can immerse students in the English environment and cultivate their language sense by guiding them to watch English soundtracks, listen to English songs, and read English original works. Meanwhile, teachers can encourage students to participate in activities such as English corners and English speech competitions to improve their oral expression abilities. In addition, teachers can also use online platforms to provide students with rich learning resources, such as English news, English movies, English songs, etc., to help students broaden their horizons and improve their overall English proficiency [3].

4.2 Task-driven and practical exploration

The transformation of learning strategies requires us to adopt task-driven teaching methods. Teachers can design tasks with practical significance based on the teaching content and the actual situation of students, guiding them to complete them through practice and exploration. This not only stimulates students' interest in learning, but also cultivates their problem-solving ability. The transformation of learning strategies is not only reflected in teaching methods, but also in the learning and development of teachers themselves. Teachers should continuously update their knowledge system, improve their teaching level and professional competence. At the same time, teachers should also pay attention to the learning needs of students, respect individual differences, and provide targeted guidance and support for each student. Only in this way can we truly achieve mutual benefit between teaching and learning, and cultivate talents with innovative spirit and practical

ability. Teachers need to actively adopt new teaching concepts and technologies to adapt to the constantly changing educational environment and student needs. They should focus on cultivating students' innovative thinking and practical abilities, helping them discover their potential and interests, and stimulating their learning enthusiasm and initiative. At the same time, teachers should also pay attention to the psychological health and growth needs of students, and provide comprehensive support and care for them. Only such education can truly promote the comprehensive development of students, enabling them to have stronger competitiveness and adaptability in their future life and work.

4.3 Collaborative learning and common progress

Collaborative learning is one of the important ways of teaching and learning practical English. Through group cooperative learning, students can help and motivate each other to improve their English proficiency together. Teachers can regularly organize group discussions, role-playing and other activities to help students improve their English expression skills through cooperation. In addition, teachers can also use online group collaboration to allow students to communicate and collaborate in a virtual environment. This approach not only facilitates students to collaborate in different locations, but also promotes their autonomy and creativity. In collaborative learning, teachers should also focus on cultivating students' awareness and skills of cooperation, enabling them to learn how to listen, respect others, and express their own opinions. Through such collaborative learning, students can not only improve their English expression ability, but also develop their teamwork spirit and collaborative ability. This ability is also very important in future work and life. In addition, collaborative learning also helps cultivate students' leadership and communication skills. In group collaboration, students need to learn how to allocate tasks, coordinate resources, and resolve conflicts, which are essential skills for future work. Therefore, teachers should fully utilize collaborative learning strategies in practical English teaching, allowing students to learn and grow through cooperation, laying a solid foundation for future development [4].

5 Conclusion

The application of practical English teaching and learning strategies is a key means to improve students' practical English proficiency. By creating vivid and authentic contexts, teachers can guide students to immerse themselves in the world of English, allowing them to experience the language charm and cultural heritage of English in the context. This method can not only enhance students' interest in learning, but also promote them to use English more confidently and freely in practical communication. Task driven approach is a very practical teaching strategy. It sets clear task goals for students to learn English while completing tasks.

Conflicts of interest

The author declares no conflicts of interest regarding the publication of this paper.

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