

Research on the Application Strategy of Medical Students' Professional Ethics Education in the Perspective of the Construction of a Healthy China

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Abstract: The construction of a healthy China is a national strategy aimed at improving people's health, and the development of the medical career is one of the key links, in the current situation, the importance of the professional ethics education of medical students is becoming more and more prominent, the professional ethics education of medical students is of great significance to protect the rights and interests of the patients, improve the quality of health care services, promote the development of the medical career, as well as to promote the construction of a healthy China, However, at present, there are still a lot of problems in the professional ethics education of medical students. However, there are still many problems in the professional ethics education of medical students. Therefore, it is necessary to explore the application strategies of professional ethics education of medical students under the perspective of the construction of a healthy China in order to improve the effectiveness of professional ethics education of medical students.

Keywords: healthy China construction, students, professional ethics education, application strategy

Introduction

Under the perspective of the construction of Healthy China, the application strategy of professional ethics education for medical students is of great significance. This paper analyses the importance of professional ethics education for medical students in the construction of a healthy China, and puts forward a series of targeted application strategies, including strengthening the publicity of the importance of professional ethics education for medical students, perfecting the curriculum system of professional ethics education for medical students, carrying out diversified educational methods, strengthening the practice of professional ethics for medical students, establishing the evaluation system of professional ethics for medical students, and strengthening the education of psychological health for medical students. These strategies are aimed at improving the quality of medical students' professional ethics, cultivating medical talents with noble professional ethics, and providing strong talent support for the construction of a healthy China.

1. Importance of professional ethics education for medical students

The importance of professional ethics education for medical students is reflected in the following aspects: 1. Protecting patients' rights and interests: the importance of professional ethics education for medical students is to help medical students understand and abide by the code of professional ethics, so as to ensure that patients are respected, cared for and treated fairly in the process of receiving medical services, and to protect the safety of patients' lives and their health

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rights and interests. 2. Improving the quality of healthcare services: the education of professional ethics for medical students Helps to improve the quality of professional ethics of medical students, so that they have a strong sense of responsibility and sense of mission, to better cope with the pressure and challenges of the work, so as to improve the overall quality of medical care and service level^[1]. 3. Promote the development of medical careers: professional ethics education for medical students helps to cultivate medical talents with noble professional ethics, inject new vitality into the development of medical careers, and improve the overall level of medical and health care services. 4. Promote the construction of healthy China: professional ethics education for medical students helps to cultivate medical talents with noble professional ethics, provides strong talent support for the construction of healthy China, and promotes the improvement of people's health^[2].

2. Application strategies of medical students' professional ethics education in the perspective of healthy China construction

2.1 Advocacy on the importance of strengthening professional ethics education for medical students

Publicity on the importance of strengthening professional ethics education for medical students is essential because the future work of medical students is related to people's health and lives, so it is necessary to help medical students understand the basic principles, norms and requirements of professional ethics, so that they can consciously abide by professional ethics in their studies and work, and provide patients with high-quality medical services. Professional ethics education can improve the professional quality of medical students, so that they have a strong sense of responsibility and sense of mission, to better cope with the work of the pressure and challenges, but also to help medical students to establish the correct values and professionalism, and to cultivate their team spirit and communication skills, thereby improving the overall quality of health care and service level, therefore, the need to strengthen the corresponding publicity work, the school should use a variety of ways to Therefore, it is necessary to strengthen the corresponding propaganda work, the school should use a variety of ways to complete the propaganda work of professional ethics education, so that more students in the school learning period to understand the importance of professional ethics, to promote students to consciously abide by the norms of professional ethics, to improve their level of professional ethics, and for the construction of a healthy China to cultivate medical personnel with noble professional ethics.

2.2 Improving the curriculum system of professional ethics education for medical students

Improving the curriculum system of professional ethics education for medical students is an important task in order to improve the quality of professional ethics of medical students and to train medical talents with high medical ethics and exquisite medical skills for the society. A special medical ethics course needs to be set up in the curriculum system of medical students, so that students can have a comprehensive understanding of the basic principles, norms and laws and regulations of medical ethics and improve their moral sensitivity and judgement. Courses related to professional ethics education should be added to the curriculum system, so that students can fully understand the basic content of professional ethics, and the curriculum standards for professional ethics education for medical students should be formulated, with clear educational objectives, contents and methods, to ensure that professional ethics education can cover all stages of medical students' learning. Special professional ethics education courses should also be set up, such as medical ethics, doctor-patient communication, medical jurisprudence, etc., and the practicality and interactivity of the course content should be emphasized. The combination of medical students' professional ethics education and clinical practice should be strengthened, and medical students' professional ethics sensitivity and judgement ability should be improved through activities such as actual case analysis and role-playing. Medical students also need to have good communication skills, to be able to communicate effectively with patients and their families, to establish a good doctor-patient relationship, so the curriculum system can be added to the doctor-patient communication skills training courses, to improve the actual

communication skills of medical students. In addition, medical students also need to learn to work together with other medical professionals to provide quality medical services to patients, so the curriculum system can be added to the teamwork training courses to develop students' teamwork skills and leadership. Ethical review activities for medical students should be held regularly to allow students to discuss and review actual medical cases, so as to improve their ethical judgement and ability to deal with practical problems. Medical students are encouraged to participate in community services, such as volunteer clinics and health education, so that they can understand the social reality and develop their sense of responsibility and mission. Through the above measures, the curriculum system of professional ethics education for medical students can be further improved to cultivate medical talents with high medical ethics for the society.

2.3 Diversification of educational approaches

In the teaching process, the combination of classroom education and clinical practice should be adopted to integrate professional ethics education into the daily study and practice of medical students, so that they can experience and feel the connotation and requirements of professional ethics in practice. Medical students should be organized to attend lectures related to professional ethics education on a regular basis, and experts and scholars should be invited to communicate and give guidance, so as to broaden students' horizons and improve their professional ethics. Medical students can also be encouraged to participate in voluntary service activities, such as medical service to the countryside, health education promotion, etc., to cultivate students' sense of social responsibility and sense of professional mission, and to increase their experience of professional ethics. It is necessary to pay attention to the role of teamwork and case discussion in the education of medical students' professional ethics. Through teamwork, students' communication ability and teamwork spirit can be improved, and through case discussion, their professional ethical sensitivity and judgement ability can be improved. Modern educational technology means, such as situational simulation and virtual simulation, can be used to improve the effect and attractiveness of medical students' professional ethics education. It can be seen that carrying out diversified educational methods is a very important way to cultivate medical talents with high professional ethics, to improve the quality and level of medical services and to promote the construction of a healthy China.

2.4 Strengthening the practice of professional ethics among medical students

Strengthening medical students' professional ethics practice is the key to improving the effectiveness of medical students' professional ethics education. Firstly, professional ethics practice courses should be set up to combine professional ethics education with clinical practice, so that students can experience and feel the connotation and requirements of professional ethics in actual operation. Secondly, medical students should be encouraged to participate in social practice activities to cultivate their sense of social responsibility, strengthen their practical ability and increase their professional experience. Thirdly, the professional ethics education of medical students during clinical internship should be strengthened, and students should be required to strictly abide by the rules and regulations of the internship unit, respect teachers, care for patients, and develop good habits of professional ethics. Finally, attention should be paid to the psychological health of medical students and their ability to resist stress should be cultivated in order to promote them to better cope with the pressure and challenges at work.

2.5 Establishment of a professional ethics evaluation system for medical students

Teachers should formulate standards for evaluating the professional ethics of medical students in the light of the actual situation of teaching, and clarify the content, methods and indicators of evaluation, so as to make the evaluation of professional ethics more operable and objective. A professional ethics evaluation committee can be set up, inviting experts in medical ethics, medical psychology, medical jurisprudence and other related fields to participate to ensure the fairness and authority of the evaluation process. A regular evaluation system should be implemented to assess the quality of medical students' professional ethics on a regular basis, and the results of the evaluation should be used as an important basis for students' further education and employment, so as to motivate students to consciously abide by the code of professional ethics. Teachers also need to guide students to consciously reflect on and improve the quality of professional

ethics, and at the same time, through the evaluation of teachers, classmates, patients and other different subjects, a comprehensive understanding of the student's professional ethical performance, pay attention to the evaluation results of the feedback and improvement of the evaluation process found in the process of in-depth analysis of the problem, put forward targeted measures for improvement, and to promote the quality of the professional ethics of medical students to improve continuously.

2.6 Strengthening mental health education for medical students

The mental health of medical students should receive more attention, only let the students maintain a good state of mind, in order to let them be competent in their positions and strengthen their professionalism, therefore, institutions should strengthen the mental health education of students. It should focus on the emotional education of medical students, guide students to correctly deal with various emotional problems, cultivate their empathy and interpersonal communication skills, so as to better communicate with patients and colleagues, and improve the quality of medical services. Self-knowledge education for medical students should also be strengthened to enable them to understand their own personality traits, values, interests and abilities, so that they can better cope with challenges at work and find their own direction of career development. Attention should be paid to the social skills education of medical students to improve their teamwork and leadership abilities in order to better adapt to the requirements of teamwork and leadership positions. Regular mental health screenings should be conducted for students to detect and solve mental health problems in a timely manner and prevent the occurrence of extreme events.

3. Conclusion

To sum up, the research on the application strategies of medical students' professional ethics education in the perspective of the construction of healthy China provides useful insights for improving the quality of medical students' professional ethics, promoting the construction of healthy China, and facilitating the sustainable development of the medical career, and we expect that these strategies can inject new vitality into the professional ethics education of medical students, and make contributions to the cultivation of medical talents with noble professional ethics.

Conflicts of interest

The author declares no conflicts of interest regarding the publication of this paper.

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