

# **College English Teaching Based on the Concept of Liberal English Education**

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Abstract: College English is a fundamental course and important content in the university stage, which plays a role in cultivating students' cultural knowledge and improving the university education system. In the teaching of college English courses, developing and cultivating students' learning abilities and cultural awareness is an important teaching content. Using the concept of Liberal English Education to guide teachers in classroom teaching practice can ensure the effectiveness of classroom teaching and the effective improvement of students' subject core literacy. This article will analyze the actual situation of college English curriculum teaching and the actual content of Liberal English Education concepts, interpret the specific strategies of using Liberal English Education concepts to guide college English curriculum teaching, and promote the smooth completion of curriculum teaching reform.

Keywords: college English, teaching, Liberal English Education

#### Introduction

The cultivation of cultural awareness among students in college English course teaching is not effective enough, and students lack awareness of active participation and learning in the classroom, resulting in overall low quality of English course teaching. To deliver professional talents to society, talents not only need to have rich knowledge and strong professional abilities, but also need to have cross-cultural awareness and master universal language skills worldwide, which shows the importance of learning English and the importance of English curriculum teaching. College English teachers are actively exploring the reform methods of English curriculum teaching and attempting to use humanistic English education concepts to guide teaching practice. English classrooms may be able to radiate new vitality and energy.

#### 1. The significance of Liberal English Education in guiding college English teaching

#### 1.1 To promote the reform of college English teaching

Guided by the Liberal English Education, college English teaching can successfully complete teaching reforms. Liberal English Education can promote the adjustment of the goals and teaching content of college English education. The educational goals are more in line with the requirements of the new curriculum standards and the development of students in the new era. The educational content is more up-to-date, and the path of college English teaching reform will be smoother.

#### 1.2 To enrich the connotation of college English teaching

Using the concept of Liberal English Education to guide the teaching of college English courses can promote the enrichment of the connotation of college English teaching. Liberal English Education guides teachers to explore the teaching content of English courses at a deeper level and develop the value and significance of English course teaching.

Students can generate deeper insights and learn more knowledge in English classroom learning and exploration, which is precisely the rich embodiment of classroom teaching connotation.<sup>[1]</sup>

## 1.3 To transform the learning cognition of college students

College English teaching is guided by the concept of Liberal English Education, which can adjust the cognitive and learning attitudes of college students towards English courses. Under the influence of the concept of Liberal English Education, students can improve their own learning behavior and attitude, thus feeling the joy of learning English.

## 1.4 To adjust the atmosphere of college English classrooms

Under the guidance of Liberal English Education, the teaching atmosphere in college English classrooms can be effectively regulated. The English classrooms will highlight an atmosphere of "respect, sharing, and openness", optimizing the relationship between students and teachers, establishing cooperative relationships among individual students, and ensuring the classroom exploration and learning effectiveness of students.

# 2. The specific practical path guided by the concept of Liberal English Education in college

# **English teaching**

# 2.1 Closely linking language course teaching with humanistic content

The close integration of language curriculum teaching and humanistic content is an effective measure to guide the implementation of teaching practice in college English curriculum teaching under the concept of Liberal English Education. English teachers can divide the curriculum teaching into specific sections such as reading, translation, writing, and speaking, and integrate humanistic content from each section. In the learning of the English reading, English teachers can require students to choose English versions of classic works and persist in daily reading. Students can learn more about humanistic knowledge and cultural content through reading, and effectively exercise their reading ability and habits. In the learning of English translation, English teachers can choose reports or stories from foreign websites as translation content, which can effectively supplement the teaching content in English textbooks and ensure a closer connection between curriculum teaching and humanistic content. In the learning of the English teachers can ask students to combine their daily reading to writing, including writing feelings, gains and beautiful sentences, etc. The combination of reading and writing will be closer, and students' writing will also highlight humanistic characteristics more. In the learning of the English speaking, English teachers can require students to use electronic equipment to listen to English audio every day and carry out English role-playing activities, thereby training their oral skills and improve their humanistic literacy through diversified learning activities.

# 2.2 Deeply focusing on developing students' critical thinking and cross-cultural abilities

Mastering critical thinking ability is a key ability to guide students in deep learning. Mastering cross-cultural competence is an important teaching task in English courses and a requirement for humanistic education concepts to guide teaching. From an emotional perspective, students' critical thinking manifests as their diligent and inquisitive approach to exploring truth. English teachers can add activities to compare Chinese and English in grammar teaching, guiding students to think critically and explore in comparative teaching. Through self reflection and in-depth exploration, students can grasp the key to learning English courses and overcome various situations encountered in learning, enabling them to better understand more cultural knowledge. From the perspective of analyzing concepts, students' cross-cultural competence mainly manifests as respecting cultural diversity, having a critical awareness, and being able to understand cultural differences between China and foreign countries.<sup>[2]</sup> English teachers can lead students to compare Chinese and British newspapers, and understand and feel the differences between Chinese and foreign cultures from different perspectives such as news, food, customs, etc., so that students can become talents with both patriotism and international perspectives in the new era.

# 2.3 Implementing teaching through collaborative participation in social and cultural

#### construction

Students and teachers can establish a learning community relationship, among the students as well. Collaborative learning is an important way of learning culture, and English teachers can lead students to learn and construct social culture through cooperation under the guidance of Liberal English Education. For example, English teachers can use new media platforms to improve their relationships with students. Teachers can upload interesting English cultural videos on these platforms, allowing students to have the opportunity to use fragmented time outside of class to engage in learning and exploration. For students, interesting learning content can not only change their views on English Education. For example, English teachers can encourage students to form their own clubs, where they can establish a learning community and engage in focused exploration of their own interests. In collaborative learning and exploration among students, their status as subjects will become more prominent, and students will be able to learn more knowledge that has not been covered in textbooks, then their English perspectives can be broaden.

#### 2.4 Enriching the content of humanistic activities within university campuses

The cultural atmosphere and environment within the school have a direct impact on students' learning behavior. Schools should focus on improving the campus cultural atmosphere and activities, creating a good learning environment for students and excellent teaching conditions for teachers. For example, schools can regularly organize English cultural festivals, where students can learn more cultural knowledge, participate in interesting cultural activities, perceive the characteristics of different cultures, and enjoy learning culture. By optimizing and improving the campus cultural atmosphere through cultural festival activities, students can develop the initiative to learn cultural knowledge and also exercise their core skills.<sup>[3]</sup> For example, schools can actively establish connections with external organizations, including municipal libraries, learning bases and other schools, etc.. Collaborating with multiple entities to create more diverse humanistic activities for students can allow them to have more opportunities to learn culture and communication with others, and the campus cultural environment can be effectively improved. At the same time, schools need to attach importance to providing learning and training activities for English teachers. For example, inviting experts to give lectures at schools to support English teachers in improving their educational concepts and supplementing their knowledge reserves.

#### 3. Conclusion

By analyzing the above discussion, it can be concluded that the teaching of college English courses guided by the concept of humanistic English education can enrich the teaching content of college English courses and improve the value and significance of course teaching. English teachers can develop humanistic content in English textbooks, closely integrating humanistic content with language education. They also need to focus on developing students' cross-cultural abilities, providing opportunities for cooperative learning, improving and supplementing activities on university campuses, comprehensively implementing the concept of humanistic English education, and thus ensuring the quality of university English curriculum teaching. Schools also need to provide necessary training and educational guidance for teachers, enabling them to carry out high-quality education and significantly improving the quality of the school's teaching team.

#### **Conflicts of interest**

The author declares no conflicts of interest regarding the publication of this paper.

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