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Ideological and Political Design of College English Curriculum Based on Understanding Contemporary China

Dan Shen, Yan Wang

Nantong Institute of Technology, Jiangsu Nantong 226002

Abstract: The international situation in the new era is changeable, China is in a period of rapid development. In order to make China go to the world and make the world understand China. We are in urgent need of high-quality international English talents to serve the national strategy. Based on the reading textbook *Understanding Contemporary China*, this paper discusses the design and implementation methods of ideological and political teaching in college English for application-oriented undergraduate colleges and universities, aiming to solve the practical problems of the integration of ideological and political teaching in English courses and realize the mission of English education.

Keywords: Understanding Contemporary China, college English, ideological and political education

Introduction

At present, China's concepts and actions have injected new energy into global development under the changing world. The path of China belongs to both China and the world. In the era of rapid development, change and adjustment, high-quality cross-cultural English talents rooted in China, with sense of family and country, and with an international perspective, can not be separated from the mission of showing the world a real and comprehensive China.

Colleges and universities should take "establishing morality" as the fundamental task, and use the series of textbooks *Understanding Contemporary China* as the medium to reconstruct the English professional knowledge system and curriculum system^[1], to promote the construction of new liberal arts, carry out in-depth ideological and political education and train high-quality English talents to take on the great task of national rejuvenation.

1. Research background and thinking

1.1 New mission of higher English education in the new era

How to adapt China's higher English education to the needs of The Times is a question worth pondering. From being able to read "Western books", translate and learn "Western knowledge" to training military translators in order to serve the country; From serving the diplomat of new China, to cultivate multi-ability English talents under the economic integration of reform and opening up; The mission of higher English education in China is keeping pace with the changes in China's social status. Therefore, the real mission of higher English education in China in the new era is to cultivate new talents who understand contemporary China and tell Chinese stories well: they must have the majestic and powerful ambition, they must have a global vision of the future, they must have the exquisite discourse ability with Chinese characteristics, and they must have a variety of professional qualities.

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1.2 Curriculum construction

1.2.1 Curriculum design concept

College English is a general education platform course, while comprehensively consolidating the basic English skills of students, they should also master the discourse system with Chinese characteristics^[2]. They should not only be able to understand, but also be able to speak well, interpret Chinese theories, and practice in "Telling Chinese stories well" to serve the needs of The Times.

Therefore, this course comprehensively and systematically explores the the combination of College English of *Understanding Contemporary China* from the various dimensions of ideological and political curriculum, integrated learning and ability orientation.

1.2.2 Curriculum implementation methods

This course adopts a variety of teaching methods, such as heuristic, discussion, experience, project and online and offline with the aims of combination of Chinese characteristics socialism with the College English course.

Teachers are expected to integrate the ideological and political content elements into the classroom, the textbook and the mind. Main contents and procedures can be divided into the following aspects^[3]: Thinking—means understanding first, then carry out high level thinking activities such as application, analysis, evaluation and creation. Practice—through the practice-oriented theory, teachers can carry out extended reading, grasp the core essentials and internal logic, explain Chinese practice with theory, and cultivate theoretical thinking and the ability to analyze and solve problems. Differentiation—based on the real situation of China, looking to the world. Through "Global Perspective" and "Telling Chinese stories well", students are required to pay attention to the international community's misunderstanding of China's theory and practice, and students' cross-cultural thinking awareness can be cultivated. Creation—independent learning, collaborative inquiry. Through a variety of learning activities, students are guided to conduct cooperative exploration on the basis of independent thinking and independent research, and constantly improve their critical thinking, research and innovation abilities. Memory—to combine reading and writing teaching, and then students are able to improve the language quality step by step in the process of using the language (implicit language learning), and further consolidate the basic language skills through sentence and text language exercises (explicit language learning).

"Thinking - practice - differentiation - creation - memory", the methods of College English course, can lead students to exert creative thinking, expand thinking ability, practice Chinese theory, and form high-quality language shaping.

1.2.3 Integration of specialized education

The course is not only focused on basic English knowledge, but also helps students to continuously improve their foreign language ability in the process of listening, speaking, reading, writing and translating language activities. In the other word, it means learning something from doing. Meanwhile, students can continuously deepen their ideological construction and understanding,get the socialist core values and maximize their learning efficiency. The specific principles for the construction and use of learning resources are as follows:

Listening	English speeches of China Daily, CCTV Foreign language Channel and Chinese Foreign Ministry spokesperson to summarize the latest major policies of the country.
Speaking	In the form of group cooperation, project speeches and presentations were conducted based
	on Critical thinking in Understanding Contemporary China.
Reading	In the form of group discussion, the background current events are explored for the reading
Reading	topic.
Writing	Analyze the development and achievements of contemporary China with Chinese theory
	and design a mind map.
Translating	Excerpt speech, do translation appreciation, apply the principles of Chinese discourse to

foreign translation.
Toroign translation.

In the teaching, teachers should guide students to become a socialism builder and successor with patriotism, global vision and professional skills. Through the integrated learning mode, the ideological and political content of the course is integrated into the teaching, in-class periods and the actual ability of students in daily life.

2. Conclusion

The design and research of College English reading and writing course with Ideological and political demonstration reflects the integration of two different fields. 1) Ideological and Political content: Students are guided to systematically learn and master the observation and analysis of contemporary China's development problems and challenges with Chinese theory, and they would respect Chinese wisdom. 2) Competency orientation: Help and guide students to explore contemporary Chinese theories and implement cross-cultural speculative foreign language teaching concepts from the perspective of cross-cultural communication to improve students' English language application ability, Chinese story telling ability and team cooperation ability.

The main highlights are: 1) Shaping students' new sense of mission: students will become English speakers who can serve the needs of The Times, voice The Times, and respond to the questions of The Times, and help China to go to the world. 2) Shaping students' global perspective: Through the study of this course, students can contribute Chinese wisdom, introduce governance ideas to the world, and provide Chinese solutions for global governance. 3) Shaping the all-round development of students: students can master the current political discourse of China, and exercise their cross-cultural, interdisciplinary, speculative, cooperative and exploratory learning ability from the five modules of listening, speaking, reading, writing and translation, and get ready to spread the voice of China well.

Conflicts of interest

The author declares no conflicts of interest regarding the publication of this paper.

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About the author

Dan Shen (1982.02-), Female, Han nationality, Nantong City, Jiangsu Province, Masters' Degree, Nantong Institute of Technology, title: vice-professor, research direction: Higher Education and Applied Linguistics

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