

# The Construction of College English and the Teaching Model of "Ideological and Political Theories Teaching in All Courses"

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**Abstract:** College English is a public basic course for students in higher education, it aims at cultivating students' comprehensive English application ability, adapting to the requirements of international communication and cooperation, especially in listening, speaking, reading and writing abilities. Doing a good job in college English teaching is of great significance for improving the comprehensive quality of college students and enhancing their international competitiveness. Integrating college English with the "ideological and political theories" teaching model can use English teaching as a carrier to deeply explore ideological and political elements, cultivate students' ideological and moral qualities, patriotism spirit, and social responsibility, achieve the dual goals of knowledge imparting and value guidance, promote students' comprehensive development, and have profound significance for cultivating compound talents with international vision and local sentiment.

**Keywords:** college English, "ideological and political theories teaching in all courses", integration, teaching mode, course construction

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## Introduction

In the context of globalization today, English, as an important tool for international communication, plays a crucial role in higher education teaching. However, the traditional college English teaching model has gradually exposed some problems, which have affected the effectiveness of English teaching. In this context, combining college English teaching with "ideological and political theories teaching" has become a new teaching exploration. Integrating ideological and political elements into English teaching can enhance students' participation, enrich teaching content, and promote the synchronous improvement of students' language ability and ideological morality. This article will start from the shortcomings of the existing teaching mode of college English, explore the significance of combining college English with "ideological and political" elements, and propose specific strategies for constructing a teaching mode of college English with "ideological and political theories teaching", hoping to promote the reform of college English teaching.

### 1. The shortcomings of the current teaching mode of college English

#### 1.1 Neglecting the cultivation of comprehensive literacy

Currently, the college English teaching overly emphasizes the imparting of language knowledge, such as vocabulary, grammar, etc., while neglecting the cultivation of students' comprehensive literacy. The single teaching mode limits the possibility of students' comprehensive development, resulting in a lack of outstanding practical language proficiency.

Comprehensive literacy not only includes language skills, but also encompasses various aspects such as cross-cultural communication ability, critical thinking ability, and self-learning ability.<sup>[2]</sup> Therefore, college English teaching needs to pay more attention to the comprehensive improvement of students' all-rounded literacy.

### **1.2 The teaching content is disconnected from practical application**

Another significant issue is the disconnect between teaching content and practical application. Many college English courses still apply traditional teaching materials and methods, which cannot keep up with the times and reflect the actual situation of language use in modern society. This disconnect leads to a significant gap between the knowledge students learn in the classroom and the language phenomena they encounter in real life, reducing the practicality of learning. Updating teaching content to make it more practical is an urgent issue that needs to be addressed in college English teaching.

### **1.3 Students' interest in learning is not high**

Many students are not enough interested in learning college English. They may find the course content boring, useless, or the teaching methods unable to stimulate their learning motivation. This lack of interest not only affects students' learning outcomes, but may also lead to their long-term boredom with English learning. Enhancing students' interest in learning and encouraging them to actively participate in the learning process is an important direction for improving college English teaching.

## **2. The significance of combining college English with ideological and political education**

### **2.1 Enhancing student engagement**

The combination of college English and ideological and political teaching can greatly enhance students' classroom participation. Traditional English teaching neglects students' subjective initiative and emotional experience. Integrating ideological and political elements into English teaching can be combined with exploring social issues and moral dilemmas closely related to students' lives, triggering their thinking and discussion, and stimulating their learning participation. When students discover that the content they are learning is closely related to their lives, they are more willing to actively engage in learning, share their opinions and experiences, and such a classroom atmosphere is undoubtedly more lively and vivid.

### **2.2 Enriching teaching content**

The combination of college English and "ideological and political teaching" can greatly enrich the teaching content. Traditional English teaching is limited to imparting language knowledge and skills, while the integration of "ideological and political teaching" can incorporate multiple elements such as social hotspots, historical culture, and moral ethics into the teaching scope. This kind of teaching content is not only closer to real life, but also helps students better understand and apply the knowledge they have learned. For example, by studying English articles on topics such as environmental protection and social responsibility, students can not only improve their language skills, but also deepen their understanding and thinking about these social issues.

### **2.3 Promoting the synchronous improvement of students' language ability and ideological morality**

The combination of college English and "ideological and political teaching" can promote the synchronous improvement of students' language ability and ideological morality. Language is not only a tool for communication, but also a carrier of culture and an expression of ideas.<sup>[2]</sup> By studying English materials rich in ideological and political elements, students can be exposed to different cultural concepts and value systems, and develop their cross-cultural communication skills. The moral concepts and ideological connotations in these materials can also subtly influence students' ideological and moral concepts, helping them form correct values and outlooks on life. The synchronous

improvement of language ability and ideological morality is undoubtedly the best interpretation of students' comprehensive development.

### **3. Strategies for building the teaching model of College English and “ideological and political theories teaching”**

#### **3.1 Clarifying teaching objectives and integrating ideological and political elements**

Clarify the teaching objectives of combining college English with "ideological and political theories teaching", and enhance students' language proficiency while emphasizing the cultivation of their ideological and moral qualities. When setting teaching objectives, ideological and political elements should be integrated to ensure that students not only learn language knowledge, but also have access to relevant ideological and political content. Social responsibility, patriotism spirit and other ideological and political themes can be combined with English teaching, so that students can not only learn the language, but also deeply understand the connotation and value of these themes.

#### **3.2 Optimizing teaching content and reflecting the characteristics of the times and value orientation**

The optimization of teaching content is the key to constructing the teaching mode of college English and “ideological and political theories teaching”. When selecting and designing teaching content, attention should be paid to reflecting the characteristics of the times and value orientation.<sup>[3]</sup> English articles or materials that reflect contemporary social hot topics and possess characteristics of the times can be selected, such as environmental protection, technological innovation, social justice, etc., so that students can not only learn the language, but also understand social dynamics and cultivate their sense of responsibility for the times. These teaching contents should contain correct value orientation and guide students to establish correct values.

#### **3.3 Innovating teaching methods and adopting diversified teaching methods**

The innovation of teaching methods is crucial for constructing the teaching mode of college English and “ideological and political theories teaching”. Teachers should adopt diversified teaching methods, such as classroom discussions, group cooperation, case analysis, etc., to stimulate students' learning enthusiasm. By combining these teaching methods, students are guided to think deeply and actively explore, cultivating their critical thinking and problem-solving abilities.<sup>[4]</sup> Modern technological means such as multimedia teaching, online teaching, etc. can also be utilized to enrich teaching forms and improve teaching effectiveness.

#### **3.4 Strengthening teacher training and enhancing teachers' ideological and political literacy and teaching ability**

Teachers are the key force in building the teaching model of college English and “ideological and political theories teaching”. We should strengthen teacher training to enhance their ideological and political literacy and teaching ability. By combining training and external learning, teachers can gain a deep understanding of the concept and requirements of “ideological and political theories teaching”, master relevant ideological and political knowledge, and continuously optimize teaching methods. There is also a need to pay attention to improving teachers' language teaching ability and cross-cultural communication ability, so that they can better integrate ideological and political elements into English teaching, and achieve the organic combination of language teaching and ideological and political education.

#### **3.5 Establishing an evaluation mechanism and ensuring the quality and effectiveness of teaching**

In order to ensure the teaching quality and effectiveness of college English and the “ideological and political theories” teaching model, it is necessary to establish a scientific evaluation mechanism. The evaluation mechanism should include a

comprehensive assessment of students' language ability, ideological and moral qualities, and overall abilities. By combining various methods such as regular testing, homework inspection, and classroom performance, a comprehensive understanding of students' learning situation can be obtained.<sup>[5]</sup> At the same time, attention should also be paid to evaluating the teaching effectiveness of teachers, supervising and improving their teaching quality through student feedback, peer review, and other methods. This can ensure the effective implementation and continuous improvement of the teaching mode of college English and “ideological and political theories teaching”.

#### **4. Conclusion**

Building a teaching model that combines college English with “ideological and political theories teaching” is an effective way to address current challenges in college English teaching and enhance students' comprehensive literacy. Only by actively clarifying teaching objectives, optimizing teaching content, innovating teaching methods, strengthening teacher training, and establishing a scientific evaluation mechanism can we promote the deep integration of college English teaching and ideological and political education, and cultivate new era talents with both solid language skills and noble ideological and moral values. In the future, with the continuous deepening of teaching practice, the development prospects of college English and the “ideological and political theories teaching in all courses” teaching mode will be even broader.

#### **Conflicts of interest**

The author declares no conflicts of interest regarding the publication of this paper.

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