

Research on the Ideological and Political Education Model of Physical Education Courses under the Background of Hainan International Education Innovation Island

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Abstract: This article takes the construction of Hainan International Education Innovation Island as the background and focuses on studying the construction and practice of ideological and political education models in physical education courses. Firstly, analyze the new requirements put forward by Hainan International Education Innovation Island for ideological and political education in physical education courses. Based on the current implementation status of ideological and political education in physical education courses, this paper sorts out the foundation and challenges of ideological and political education from aspects such as concepts, contents and methods. Secondly, a model of ideological and political education in physical education courses should be constructed from three dimensions: concept integration, content reconstruction and path innovation, highlighting the combination of international vision, regional characteristics and sports spirit. The aim is to fulfill the fundamental task of "cultivating virtue and talent" through physical education courses, and to foster new era talents with an international perspective, patriotic awareness and a sound personality.

Keywords: Hainan International, Education Innovation Island, Physical education courses, Ideological and political education

1. Introduction

"Curriculum-based ideological and political education", as an important measure to implement the fundamental task of fostering virtue and nurturing talent, has become a core issue in educational reform in the new era. As an important component of school education, physical education courses, with their unique practicality, interactivity and emotional experience, play an irreplaceable role in cultivating students' ideological and moral qualities, willpower and values.

2. The Practical Requirements and Foundation of Ideological and Political Education in Physical Education Courses under the Background of Hainan International Education Innovation Island

2.1 New Requirements for Ideological and Political Education in Physical Education Courses in the construction of Innovation Island

Hainan International Education Innovation Island takes "educational openness" and "innovative development" as its core. Its talent cultivation goal emphasizes "compound, innovative and practical talents with a global vision, familiar with international rules, and capable of participating in international affairs and competition". This goal puts forward three requirements for ideological and political education in physical education courses:

The first is to enhance international understanding and cross-cultural literacy. ^[1]The international environment of

Innovation Island requires students to have the ability to respect diverse cultures and participate in international cooperation. Physical education courses need to cultivate students' international vision and awareness of a community with a shared future for mankind through international sports events, comparisons of sports events and other contents.

Second, emphasize the spirit of innovation and practical ability. Innovation Island encourages the innovation of educational models. The ideological and political education in physical education courses needs to break away from the traditional preaching-style education. [2]Through practical activities such as outdoor expansion and characteristic sports projects (such as surfing and diving), students' innovative thinking and the ability to solve practical problems should be cultivated.

2.2 The Existing Foundation and Challenges of Ideological and Political Education in Physical Education Courses in Hainan

At present, the ideological and political education in physical education courses in Hainan region has a certain practical foundation: First, local education departments attach great importance to the work of "moral education and talent cultivation", and many universities and primary and secondary schools have incorporated ideological and political education into their physical education teaching reform plans. Secondly, Hainan boasts unique sports resources, such as tropical coastal sports and traditional ethnic sports (like Li Brocade sepi and Miao ethnic crossbow shooting), providing vivid materials for ideological and political education. Thirdly, international educational exchanges have achieved initial success. Some schools have introduced international sports courses (such as rugby and sailing), creating conditions for cross-cultural ideological and political education.

However, challenges still exist: First, the integration of concepts is not deep enough. Some teachers separate "ideological and political education" from "physical education", merely adding "patriotic slogans" in the classroom without systematic design.[3] Second, the content system is not sound, and there is insufficient exploration of the characteristic ideological and political elements of the Innovation Island, such as an international perspective and ecological concepts. Thirdly, the evaluation mechanism is lacking. Most schools still take physical fitness tests and skill attainment as the core of physical education evaluation, and there is a lack of effective tools for assessing students' ideological and moral development.

3. The Construction Path of Ideological and Political Education Model in Physical Education Courses

3.1 Conceptual level: Establish the guiding ideology of "three-dimensional integration"

Build a three-dimensional concept system with "moral education and talent cultivation" as the fundamental, integrating "international perspective", "regional characteristics" and "sports spirit" :

Based on the spirit of sports:[4] Cultivate students' qualities of striving for progress, teamwork and compliance with rules through competitive sports, such as emphasizing teamwork in basketball games and instilling the spirit of perseverance in marathon sports.

3.2 Content level: Build a "modular" ideological and political content system

Four types of course modules are designed around the four core competencies of "patriotism, international perspective, innovative spirit and sense of responsibility" :

Red Sports Module: Explore the red sports resources in Hainan, such as the history of "physical exercise during armed struggle" of the Qiongya Column, and pass on the revolutionary spirit through forms such as scenario simulation and red sports games.

International Sports Module: Introduce the Olympic spirit of "mutual understanding and long-lasting friendship", [5] analyze the rule system of international sports organizations (such as the International Olympic Committee), and cultivate students' awareness of rules and international cooperation spirit.

3.3 Methodological level: Innovate the "experiential + immersive" teaching approach

Break through the traditional model of "teachers lecturing and students listening", and adopt diversified teaching methods:[6]

Project-based learning: With the project theme of "Preparation for the International Beach Games", students are divided into groups to complete tasks such as event planning, cross-cultural communication, and volunteer services, and

understand ideological and political connotations such as "cooperation" and "responsibility" in practice.

Contextual immersion: In the teaching of traditional sports of the Li ethnic group, intangible cultural heritage inheritors are invited to explain "Sepak takraw and the Li ethnic Group's tradition of unity and mutual assistance". Through the display of ethnic costumes and musical accompaniment, cultural identity is enhanced.

4. Conclusion

In conclusion, the construction of Hainan International Education Innovation Island has provided a brand-new development space for ideological and political education in physical education courses. Building an educational model that integrates an international perspective, regional characteristics and sports spirit is not only an inevitable requirement for fulfilling the fundamental task of "cultivating virtue and nurturing talent", but also an important path to cultivate high-quality talents that meet the development needs of the Innovation Island.

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