

Investigation on Students' Learning Status of Basketball Elective Course in Sports Department of Taishan University

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Abstract: China attaches great importance to students' campus basketball in physical education. Therefore, basketball games are held in colleges, primary and secondary schools and professional colleges, and there are even more and more amateur basketball games in society, which greatly increases the demand for basketball practitioners. Most basketball practitioners learn basketball knowledge and skills in colleges and universities, especially students majoring in physical education. Of course, they should be the main force in the field of basketball. The curriculum conditions and teacher conditions in colleges and universities are the great advantages of cultivating basketball talents, which show the importance of basketball talent training and management for students majoring in physical education. This paper investigates the learning status of basketball elective course of students in Sports Department of Taishan University, in order to fully understand the teaching status of basketball elective course and provide a valuable basis for the better development of basketball elective course in Taishan University.

Key words: sports; professional basketball; elective training

1. Introduction

Basketball is developing in a better and better trend. The physical confrontation between athletes is escalating, and the use of techniques and tactics is more flexible and diverse. These changes put forward higher requirements for the basketball elective courses in the Sports Department of Taishan University, which requires to cultivate a group of practitioners with higher ability, and improve their skills in the competition in combination with practice. Only in this way can we deal with all kinds of situations on the pitch in the future. Therefore, starting from the development of basketball elective course in the Sports Department of Taishan University, this paper makes field observation and investigation, analyzes the current development of basketball and the factors restricting its development, and puts forward corresponding suggestions and countermeasures to promote the better development of basketball elective course in physical education college.

2. Learning Status of Basketball Elective Course for the Students in Sports Department of Taishan University

2.1 Students' concentration in the teaching of basketball elective course in Sports Department of Taishan University

The content of basketball elective courses mainly includes basketball skills, interspersed with the teaching of team cooperation, and then the study of theoretical knowledge, which are interrelated. Basketball theoretical knowledge is the basis for mastering basketball technology and team tactics. Technology is the basis of tactics. Therefore, students should learn

relevant theoretical knowledge while mastering technology and tactics. The students' concentration of basketball major course in Taishan University is relatively good. Most students of the of the related majors can listen to the teacher carefully and complete the course, which shows that basketball major course is still valued by students, which is better for the development of basketball major course in Taishan University.

2.2 Teachers of basketball elective course in Sports Department of Taishan University

Each school is different from the beginning of the semester, teaching level, knowledge structure, teacher education, teaching structure, venues and equipment, and the number of classes, etc. There are various modifications under the structure of compulsory courses stipulated by the Ministry of Education. It plays a positive role in serving the society, reflecting personal ability and increasing practical ability. The comprehensive situation of PE teachers of basketball elective course in Taishan University and their academic qualifications have some influence on the composition of basketball PE Teachers' level and the teaching situation. The basketball teachers of Taishan University have high academic qualifications. They have comprehensive competition experience and teaching level, but the number is small and should be increased appropriately.

2.3 Self-training competition after basketball elective course of Sports Department of Taishan University

The teaching content of basketball course is divided into the learning of basketball theoretical knowledge, basketball technology, basketball tactical ability, competition organization and basketball referee. It is necessary for every university to list basketball technology as the main teaching content. The view that basketball competitive technology is the basis is recognized by everyone. The mastery of basic technology determines the after-force of basketball competitive skill development. Good basketball skills and standard actions play a great role in the teaching results and students' conviction of teachers. Applying the learned technology to the competition is the most fundamental. According to my investigation on the competition and training of basketball professional courses in Taishan University, there are quite a lot of independent training and competitions in the school, and the students have a high enthusiasm attitude, but there are relatively few competitions outside the school and they seldom participate in social competitions. Therefore, for the school, we can organize students to participate in some off campus training and competitions to find out their shortcomings and improve themselves.

2.4 Site facilities of basketball elective course in Sports Department of Taishan University

To carry out basketball elective courses, we must have formal basketball venues and competition facilities. In order to implement the general direction of the party's education and cultivate the professional strength for the all-round development of morality, intelligence, physique and beauty, the school should strengthen the construction of basketball venues and strengthen the replacement of old venue equipment, so as to ensure that students get a better experience of activities in class. Only with good venues and equipment can students better devote themselves to learning. In addition, it would be better for the school to have a basketball hall. We all know that basketball games are basically carried out in the hall, so the basketball hall is necessary for the school, and it is also the key to ensure that the teaching of basketball elective courses, extracurricular basketball activities and basketball training can be carried out at a higher level. At present, the gymnasium of Taishan University is in a relatively old state and does not meet the ideal standard. The school leaders can improve the basketball hall through various ways of preparatory funds, so as to better carry out teaching. At the same time, with a standardized indoor venue, they can also undertake various of professional competitions in the society, which can not only have substantial returns, but also broaden the insight of their students, hoping the school leaders can actively adopt the suggestions.

2.5 Interest performance of students in basketball elective course of Sports Department of Taishan University

All students of basketball elective course in our Sports Department must be full of interest in the content of the course in order to better understand and learn more knowledge. Therefore, interest is the best teacher. Most of the students in the course are very interested in basketball, which is of great help to the students' learning state. Students show high enthusiasm, which also

reflects the charm of basketball. Therefore, schools should create more good basketball atmosphere to further improve the enthusiasm of all students to participate in basketball and stimulate students' consciousness and enthusiasm.

3. Analysis of Factors Affecting the Learning State of Basketball Elective Course in Sports Department of Taishan University

3.1 School factors

Colleges and universities should be equipped with professional basketball teachers. They should have strong basketball professional skills. At the same time, their basketball theoretical level should match their skills. Both of them should be equally excellent. Moreover, the teacher should have participated in a variety of basketball competitions and have rich field experience. Students need such excellent teachers to teach their basketball lessons. Such teachers are admired by the students, so they will certainly cooperate with the teacher's classroom teaching content. The basketball court of each school is not only the necessary content for basketball, but also the foundation of it. Therefore, if Taishan University wants to develop basketball activities well, it must have a good basketball court.

The school should also strengthen the supervision of students' attendance of elective courses to make the courses carried out well. I believe that with the supervision of the school, the learning state of students' basketball elective courses will be significantly improved.

3.2 Personal factors

The overall number of students in Taishan University and the degree of interest in basketball activities are the top priority to determine the quality of campus basketball. Cultivating students' interests and hobbies and then driving more students to join is the ultimate goal of school basketball. In competition, study and extracurricular activities, basketball can make students fully show their good sports ability and excellent sports style, so the seriousness of students participating in basketball training and competition has become the key to determine students' training attitude. Students of basketball elective course in Sports Department of Taishan University can actively participate in the course according to their personal ability, and most of them can seriously study the course, which drives the learning enthusiasm of the whole class and even the whole school.

4. Conclusion and Recommendation

4.1 Conclusion

The students of basketball elective course of physical education major in Taishan University have a good grasp of basketball skills. Some professional theoretical knowledge is not very skilled, so they need to strengthen their study on this aspect. Most of the students in Sports Department of Taishan University can seriously study the basketball elective course, but a small number of students are distracted in class. Students majoring in Physical Education in Taishan University have a good interest in basketball and can enter the study of basketball.

4.2 Recommendation

The Sports Department of Taishan University is an important place to cultivate students' basketball knowledge and skills, and the most important thing is to cultivate students' basketball work after graduation. The college should adjust the teaching system, change the tradition that basketball courses only focus on teaching basketball skills and tactics, appropriately increase the class hours of referee skills teaching, and pay attention to the cultivation of students' basketball referees. While paying attention to basketball technology teaching, we must pay more attention to students' learning progress, observe students more, improve their concentration, and then carry out corresponding training according to different students. The school should let students participate in the organization work as much as possible through the opportunities of various basketball games, make the students have a good contact with various basketball competitions outside the school, provide opportunities for learning and observation, and exercise and improve students' basketball organization ability and referee ability in the real game. Schools

should help teachers to apply diversified teaching strategies, such as multimedia teaching, so that they can express their basketball skills and tactics and theoretical knowledge more profoundly and in an image. They urge students to use WeChat and Tiktok's powerful functions to understand and master the changes of basketball knowledge at any time.

Conflicts of Interest

The author declares no conflicts of interest regarding the publication of this paper.

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